**Sidewalk Chalk Activity Ideas for Summer Food Service Program**

1. FIRST! Be aware that some sites do not allow the use of sidewalk chalk, so be sure to ask permission before you draw that first line on the sidewalk!
2. Keep control of the chalk – watch out for any “inappropriate” language or drawings that children might attempt to draw.
3. Here are some web sites with ideas for games using sidewalk chalk
   1. Dairy Good Learning (go to p.12 – Dairy Good Learning – Physical Education for the “Healthy Hopscotch” game

[www.midwestdairy.com/files/OTHER/DairyGoodLearningScience.doc](http://www.midwestdairy.com/files/OTHER/DairyGoodLearningScience.doc)

* 1. Food Pyramid Relay Race (see page 8 of document)

[co.brown.wi.us/i\_brown/d/uw\_extension/got\_dirt\_nutrition\_updated\_1-20-10.pdf](http://www.co.brown.wi.us/i_brown/d/uw_extension/got_dirt_nutrition_updated_1-20-10.pdf) (Note: The “Go Fish” cards needed for the relay race can be accessed from these sites: )

* + 1. Cards with Pyramid categories:   
       [co.brown.wi.us/i\_brown/d/uw\_extension/go-fish\_color.pdf](http://www.co.brown.wi.us/i_brown/d/uw_extension/go-fish_color.pdf)
    2. Cards without Pyramid categories: [co.brown.wi.us/i\_brown/d/uw\_extension/go\_fish\_cards\_without\_categories.pdf](http://www.co.brown.wi.us/i_brown/d/uw_extension/go_fish_cards_without_categories.pdf)
  1. Chalk It Up
     1. [familyfun.go.com/playtime/sports-athletic-games/chalk-pavement-games/chalk-it-up-706844](http://familyfun.go.com/playtime/sports-athletic-games/chalk-pavement-games/chalk-it-up-706844/)
  2. Sidewalk Chalk Fun

[atozkidsstuff.com/chalk.html](http://www.atozkidsstuff.com/chalk.html)

* 1. MyPyramid for Kids handout

[fns.usda.gov/TN/Resources/mpk\_close.pdf](http://www.fns.usda.gov/TN/Resources/mpk_close.pdf)

**Note:** To access this document online:

1. Go to: [community-nutrition.osu.edu/protected](http://community-nutrition.osu.edu/protected)
2. Log in - User name: fcs; Password: 1Extension!
3. Scroll down to “Sidewalk Chalk Activity Ideas”