## **OHIO STATE UNIVERSITY EXTENSION**

## SUCCESSFUL CO-PARENTING

Date	:/ ☐ I AGREE to allow my respo	onses to b	e used fo	r researc	h purposes	<b>S</b> .
Instru	uctor's Name:	(	County: _			
Circle	e the number that best describes your level of agreeme	nt with ea	ach staten	nent.		
		STRONGLY DISAGREE	DISAGREE	AGREE	STRONGLY AGREE	
	1. I learned new information from this class.	1	2	3	4	
	2. I plan to use the information I learned in this class.	1	2	3	4	
	3. I feel more prepared to co-parent as a result of attending this class.	1	2	3	4	
	4. This class was helpful.	1	2	3	4	

Think about your co-parenting knowledge / skills **BEFORE** and **AFTER** attending this class. Circle the number that best describes your level of agreement with each statement. Circle ONE NUMBER for each **BEFORE** statement and ONE NUMBER for each **AFTER** statement; 1 = STRONGLY DISAGREE and 4 = STRONGLY AGREE.

	<b>BEFORE</b> I took part in the class <b>I KNEW</b>					NOW, <b>AFTER</b> participating in the class I LEARNED		
	STRONGLY DISAGREE	DISAGREE	AGREE	STRONGLY AGREE	STRONGLY DISAGREE	DISAGREE	AGREE	STRONGLY AGREE
<ol><li>about my own grief and loss during the divorce process.</li></ol>	1	2	3	4	1	2	3	4
6. about the importance of caring for my own emotional health.	1	2	3	4	1	2	3	4
7. how the divorce process impacts my child(ren) based on his/her age.	1	2	3	4	1	2	3	4
8. about the importance of having stability and consistency in all aspects of my child(ren)'s life.	1	2	3	4	1	2	3	4
<ol><li>the importance of healthy communication with my child(ren).</li></ol>	1	2	3	4	1	2	3	4
10. the importance of healthy communication with my co-parent.	1	2	3	4	1	2	3	4
11. how to use healthy communication techniques such as problem solving with my co-parent.	1	2	3	4	1	2	3	4
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COLLEGE OF FOOD, AGRICULTURAL, AND ENVIRONMENTAL SCIENCES FAMILY AND CONSUMER SCIENCES COLLEGE OF EDUCATION AND HUMAN ECOLOGY

12.	What is the most important thing you learned?	
13.	What is one thing you will do to take care of yo	ourself?
14.	What is one thing you will do to take care of yo	our child(ren)?
15.	What is one thing you will do to take care of yo	our co-parent relationship?
16.	Other comments:	
		is better understand our audience. is voluntary.
17.	Are you? □ Female □ Male	24. How would you describe the quality of you
18.	Your age is:	relationship with your child(ren)'s other parent?
19.	Your current employment status is:  □ Part-time □ Full-Time □ Unemployed	(Poor) (Excellent) 1 2 3 4 5
20.	Your marital status is:  ☐ First divorce ☐ Second divorce (or more) ☐ Never married, but lived with co-parent ☐ Never married, never lived with co-parent	25. Are you?  ☐ Asian or Pacific Islander ☐ Native American or Alaskan Native ☐ Black or African American ☐ White or Caucasian ☐ Hispanic or Latino
21.	How many children live in your household?  Ages Ages Ages  0-5 6-12 13-17	☐ Multi-racial ☐ Other:
	Biological/adoptive	26. The highest level of school completed:  □ Some High School or Less □ High School Diploma or GED
22.	Do you have a shared parenting custody arrangement? ☐ Yes ☐ No	☐ Technical / Trade School Certificate ☐ 2-Year College Degree
23.	Do you have a parenting plan?  ☐ Yes ☐ No	☐ 4-Year College Degree  Graduate / Professional Degree