

# Why are vaccines important to your health?

All rural residents deserve access to comprehensive preventative healthcare for overall well-being. Rural Americans are at greater risk of death from: heart disease, cancer, unintentional injury, chronic lower respiratory disease, and stroke.

## How do I know the Vaccine is safe?

Vaccines go through rigorous safety testing, but your pharmacist, local healthcare provider, local health department, or the CDC has information that can answer questions that you may have.

## How do I get to my Vaccine location?

There are local and national organizations that can be utilized to provide transportation. You can also contact your local health department.

## Up to Date Information on Vaccines.

Contact your county health department.



## Will my insurance cover the Vaccine?

Calling your insurance is the best way to determine eligibility (to what extent and where), this includes Medicare!  
\*Ask about non-insurance options.

## Where to get a Vaccine?

Contact local pharmacies or your healthcare provider.  
(Call before you go!)



THE OHIO STATE UNIVERSITY

EXTENSION

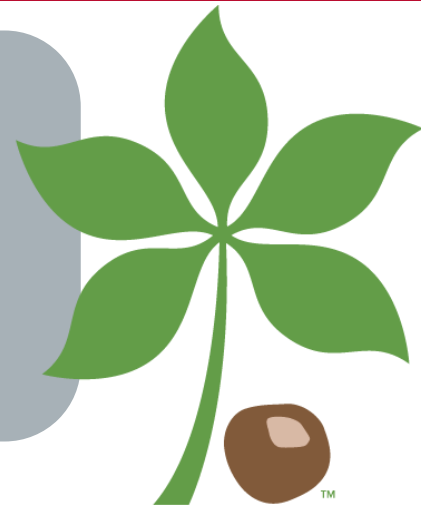


**Be confident. Be informed. Consider vaccination.** For more information, review the toolkit at [go.osu.edu/vaccination-options](https://go.osu.edu/vaccination-options) and talk with your healthcare provider about your options

# Why are vaccines important to your health?

All rural residents deserve access to comprehensive preventative healthcare for overall well-being.

**Up to Date  
Information on  
Vaccines.**



**How do I know the  
Vaccine is safe?**



**Will my insurance cover  
the Vaccine?**



**How do I get to my  
Vaccine location?**



**Where to get a  
Vaccine?**



**THE OHIO STATE UNIVERSITY**  
EXTENSION