

Ohio SNAP-Ed Youth Programs Planning Worksheet – 2020

DIRECTIONS: Use this worksheet to **plan** your SNAP-Ed **direct education series programs** with Youth audiences. Fill out one worksheet for a program series. File this worksheet with completed Program Logs and Participant Evaluation Forms after programs are held.

Program Information

Planned number of sessions for this series: _____

(NOTE: A series is defined by the audience. The planned number of sessions for the series will be the TOTAL number of times you will see a particular group of people during the fiscal year, Oct. 1 – Sept. 30.)

ALL SERIES **should** address the 7 youth teaching messages, including:

- Eat different kinds of vegetables
- Eat healthy snacks
- Eat different kinds of fruits
- Do things to be physically active
- Eat foods from most MyPlate
- Drink water instead of soda or juice
- Eat breakfast
- food groups

Lesson	Date	Task 1 Name & Topic	Task 2 Name & Topic (Optional)
#1			
#2			
#3			
#4			
#5			
#6			
#7			
#8			
#9			
#10			
#11			
#12			

If your series has more than 12 sessions, use the expanded chart on the back of the page or fill out and attach a second page.

Audience, Agency, & Site Information

Target Audience:

- ☐ Youth (Pre-K/Head Start)
- ☐ Youth (grades K-2)
- ☐ Youth (grades 3-5)
- ☐ Youth (grades 6-8)

Audience Description:

Name of Partner Agency: _____

Name of Delivery Site: _____

Will all programs be held at this delivery site?

☐ Yes

☐ No

Name of contact at partner agency: _____



Planned number of sessions for this series: _____

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Lesson	Date	Task Name	Task Name
#13	_____	_____	_____
#14	_____	_____	_____
#15	_____	_____	_____
#16	_____	_____	_____
#17	_____	_____	_____
#18	_____	_____	_____
#19	_____	_____	_____
#20	_____	_____	_____
#21	_____	_____	_____
#22	_____	_____	_____
#23	_____	_____	_____
#24	_____	_____	_____
#25	_____	_____	_____
#26	_____	_____	_____
#27	_____	_____	_____
#28	_____	_____	_____
#29	_____	_____	_____
#30	_____	_____	_____
#31	_____	_____	_____
#32	_____	_____	_____
#33	_____	_____	_____
#34	_____	_____	_____
#35	_____	_____	_____

NOTES: