



Code Book: EFNEP Youth Evaluation 2011

Excel Column	Column Header	Question Labels & Definitions	Data Format for Excel Template
A	County	County name	Text field; name of county where program occurred
B	ProgAsst	Program assistant	Text field; initials of PA who delivered the program
C	GroupName	Group name	Text field; specific name of the location where the program was held
D	Grade	Grade of program participants	Enter a whole number that corresponds to the grade level of the participants for whom the program is being taught
E	Attendance	Attendance	Enter the total number of participants attending this session
F	Date	Date of current session	Use MM/DD/YY format
G	Length	Time spent on this session	Enter number of minutes spent on this session to the closest 5 minutes
H	ID #	Student ID Number	Input the individual's ID number. This number may be school- or teacher-generated and contain between 1 and 9 digits.
I	Objective	Session Objective	<p>Enter the number that corresponds to the objective for this session. In order to have more than one, you must have given at least 5 minutes of instruction for EACH objective.</p> <p>1 = Nutrition 2 = Physical Activity 3 = Food Safety 4 = Nutrition and Physical Activity 5 = Nutrition and Food Safety 6 = Physical Activity and Food Safety 7 = All three</p>
J	TargMsg 1	Targeted Message #1	<p>Enter the number that corresponds to the targeted message presented at this session from the list below.</p> <p>1=Nutr-Eat Variety 2=Nutr-Knowledge 3=Nutr-Select Food 4=Food Safety 5=Physical Activity</p> <p>NOTE: You may choose up to 5 targeted messages for the program in columns J-M. If you have less than 5, select "0" for the columns not used</p>

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K	TargMsg 2	Targeted Message #2	Enter the number that corresponds to the targeted message presented at this session from the list below. 1=Nutr-Eat Variety 2=Nutr-Knowledge 3=Nutr-Select Food 4=Food Safety 5=Physical Activity NOTE: You may choose up to 5 targeted messages for the program in columns J-M. If you have less than 5, select "0" for the columns not used
L	TargMsg 3	Targeted Message #3	Enter the number that corresponds to the targeted message presented at this session from the list below. 1=Nutr-Eat Variety 2=Nutr-Knowledge 3=Nutr-Select Food 4=Food Safety 5=Physical Activity NOTE: You may choose up to 5 targeted messages for the program in columns J-M. If you have less than 5, select "0" for the columns not used
M	TargMsg 4	Targeted Message #4	Enter the number that corresponds to the targeted message presented at this session from the list below. 1=Nutr-Eat Variety 2=Nutr-Knowledge 3=Nutr-Select Food 4=Food Safety 5=Physical Activity NOTE: You may choose up to 5 targeted messages for the program in columns J-M. If you have less than 5, select "0" for the columns not used
N	TargMsg 5	Targeted Message #5	Enter the number that corresponds to the targeted message presented at this session from the list below. 1=Nutr-Eat Variety 2=Nutr-Knowledge 3=Nutr-Select Food 4=Food Safety 5=Physical Activity NOTE: You may choose up to 5 targeted messages for the program in columns J-M. If you have less than 5, select "0" for the columns not used
O	Setting	Type of audience delivered to	Enter the number that corresponds to the type of audience to which this program was administered from the list below. Most often it will be Summer Food Service (3). 1=In School Audience 2=After School/After Care 3=Summer Food Service 4=Other

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P	Fruits	Eat more than one kind of fruit	Enter the number that corresponds to the participant's response from the list below. 0=No 1=Yes 99=blank/not circled/all circled
Q	Vegetables	Eat more than one kind of vegetable	Enter the number that corresponds to the participant's response from the list below. 0=No 1=Yes 99=blank/not circled/all circled
R	TryFood	Try new foods.	Enter the number that corresponds to the participant's response from the list below. 0=No 1=One item circled 2=Two items circled 3=Three items circled 4=Four items circled 5=Five items circled 6=Six items circled 99=Blank/not circled
S	Milk	Drank milk yesterday	Enter the number that corresponds to the participant's response from the list below. 0=No 1=One time 2=Two times 3=Three or more times 99=Blank/not circled
T	Beans	Ate beans yesterday	Enter the number that corresponds to the participant's response from the list below. 0=No 1=One time 2=Two times 3=Three or more times 99=Blank/not circled
U	ReadLabels	Do you read food labels	Enter the number that corresponds to the participant's response from the list below. 0=No 1=Yes 99=blank/not circled/all circled
V	NotHighFiber	Which food is not high fiber	Enter the number that corresponds to the participant's response from the list below. 0=Popcorn 0=Beans 0=Broccoli 1=Cheese 99=Blank/not circled

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W	MostServings	Eat most servings from what group	Enter the number that corresponds to the participant's response from the list below. 1=Breads, cereals, rice, pasta 0=Dairy products (milk, cheese) 0=Fats, oils, sweets 0=Fruits 0=Meats, fish, poultry, beans, eggs, nuts 0=Vegetables
X	MyPyramid	MyPyramid tells me about	Enter the number that corresponds to the participant's response from the list below. 0=The cost of different foods 1=Different kinds of foods I can eat 0=How to cook the food I eat 99=blank or all items circled
Y	ScreenTime	How many hours did you watch TV	Enter the number that corresponds to the participant's response from the list below. 0=0 hours 1=1 hour 2=2 hours 3=3 hours 4=4 hours 5=5 hours 6=6 hours or more 99=Missing/Blank
Z	Exercise	How many days did you exercise last week	Enter the number that corresponds to the participant's response from the list below. 0=0 days 1=1 day 2=2 days 3=3 days 4=4 days 5=5 days 6=6 days 7=7 days 99=missing/none
AA	Matching	Match food to proper storage location	Give 2 points for each "perfect" answer, 1 point for each "acceptable" answer (safe but not best choice), 0 point for each incorrect answer. Add all points and enter the total 0-8. 99=Missing/Blank
AB	FruitsPost	Eat more than one kind of fruit	Enter the number that corresponds to the participant's response from the list below. 0=No 1=Yes 99=blank/not circled/all circled
AC	VegetablesPost	Eat more than one kind of vegetable	Enter the number that corresponds to the participant's response from the list below. 0=No 1=Yes 99=blank/not circled/all circled

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AD	TryFoodPost	Try new foods.	Enter the number that corresponds to the participant's response from the list below. 0=No 1=One item circled 2=Two items circled 3=Three items circled 4=Four items circled 5=Five items circled 6=Six items circled 99=Blank/not circled
AE	MilkPost	Drank milk yesterday	Enter the number that corresponds to the participant's response from the list below. 0=No 1=One time 2=Two times 3=Three or more times 99=Blank/not circled
AF	BeansPost	Ate beans yesterday	Enter the number that corresponds to the participant's response from the list below. 0=No 1=One time 2=Two times 3=Three or more times 99=Blank/not circled
AG	ReadLabelsPost	Do you read food labels	Enter the number that corresponds to the participant's response from the list below. 0=No 1=Yes 99=blank/not circled/all circled
AH	NotHighFiberPost	Which food is not high fiber	Enter the number that corresponds to the participant's response from the list below. 0=Popcorn 0=Beans 0=Broccoli 1=Cheese 99=Blank/not circled
AI	MostServingsPost	Eat most servings from what group	Enter the number that corresponds to the participant's response from the list below. 1=Breads, cereals, rice, pasta 0=Dairy products (milk, cheese) 0=Fats, oils, sweets 0=Fruits 0=Meats, fish, poultry, beans, eggs, nuts 0=Vegetables

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AJ	MyPyramidPost	MyPyramid tells me about	Enter the number that corresponds to the participant's response from the list below. 0=The cost of different foods 1=Different kinds of foods I can eat 0=How to cook the food I eat 99=blank or all items circled
AK	ScreenTimePost	How many hours did you watch TV	Enter the number that corresponds to the participant's response from the list below. 0=0 hours 1=1 hour 2=2 hours 3=3 hours 4=4 hours 5=5 hours 6=6 hours or more 99=Missing/Blank
AL	ExercisePost	How many days did you exercise last week	Enter the number that corresponds to the participant's response from the list below. 0=0 days 1=1 day 2=2 days 3=3 days 4=4 days 5=5 days 6=6 days 7=7 days 99=missing/none
AM	MatchingPost	Match food to proper storage location	Give 2 points for each "perfect" answer, 1 point for each "acceptable" answer (safe but not best choice), 0 point for each incorrect answer. Add all points and enter the total 0-8. 99=Missing/Blank