



## Fruit Pizza

Servings 8 | Prep time 20 mins. | Total time 32 mins.

**Equipment:** Medium bowl, Measuring cups & spoons, Small bowl, Baking sheet, Aluminum foil, Plastic wrap, Paper towels, Cutting board. **Utensils:** Whisk or fork, Mixing spoon, Knife

### Ingredients

#### *For the crust*

Cooking spray  
1 egg white, large  
1/4 cup oil, vegetable or canola  
1/4 cup brown sugar  
1/3 cup all-purpose flour  
1/4 teaspoon ground cinnamon  
1/4 teaspoon baking soda  
1 cup quick-cooking oats

### Ingredients

#### *For the topping*

1/4 cup fat free cream cheese, softened  
1/2 cup nonfat vanilla yogurt  
Fruit for pizza toppings:  
1 cup strawberries  
1 cup blueberries  
2 kiwi

(Flip over for preparation instructions)



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### Instructions

#### *For the crust*

1. Before you begin, wash your hands, surfaces, utensils, and fruit.
2. Preheat oven to 375 degrees.
3. In a small mixing bowl, use a whisk or fork to beat egg white until foamy, about 1-2 minutes. Add oil and sugar. Beat until smooth.
4. In a medium mixing bowl, stir together flour, cinnamon, and baking soda. Stir in oats
5. Add sugar mixture to oat mixture.
6. Line a baking sheet with aluminum foil and spray with cooking spray. Using your hands spread the dough in a 9-inch circle on the baking sheet.

### Instructions

7. Bake about 12 minutes or until the crust begins to puff. Remove from oven and let cool, about 20 minutes.

#### *For the topping*

1. While the crust is baking, stir the cream cheese and yogurt in a small bowl until smooth.
2. Dry off fruit and cut into bite-sized pieces.
3. Transfer the cooled crust to a serving plate. Spread the cream cheese mixture over the crust. Arrange fruit on top.
4. Cut into 8 wedges and serve, or refrigerate up to 2 hours, covered and uncut.



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