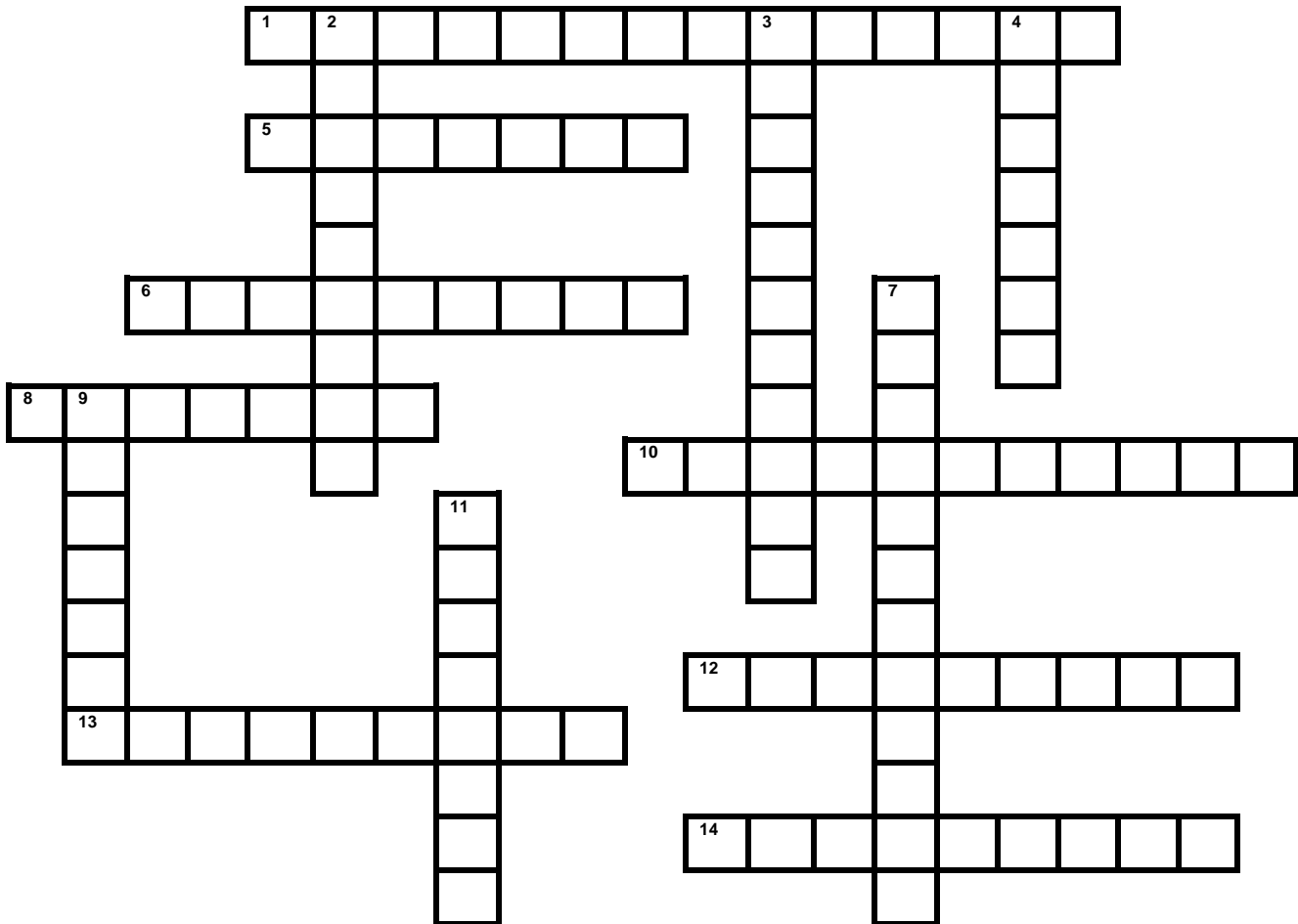


Caffeine Crossword



ACROSS

1. Caffeine can harm a teen's ___ system.
5. The ___ system is still developing and can be affected by caffeine.
6. Energy drinks can contain almost 13 ___ of sugar.
8. Guarana and ___ are ingredients in energy drinks.
10. Caffeine can make it hard to ___ at school.
12. Caffeine ___ your heart rate and blood pressure.
13. Caffeine is considered a ___, meaning it acts on your Central Nervous System.
14. Too much caffeine can make you feel ___ or angry.

DOWN

2. Caffeine fits into the ___ receptors in the brain, making you feel more alert.
3. Energy drinks are considered ___ and are therefore not regulated by the FDA.
4. Caffeine can affect your ___ to concentrate.
7. Replacing milk with sodas and energy drinks can lead to ___, or weakening of bones, over time.
9. Drinking too much soda can make you feel ___ or nervous.
11. ___ shows that teens who drink energy drinks tend to be more depressed than those who don't.

