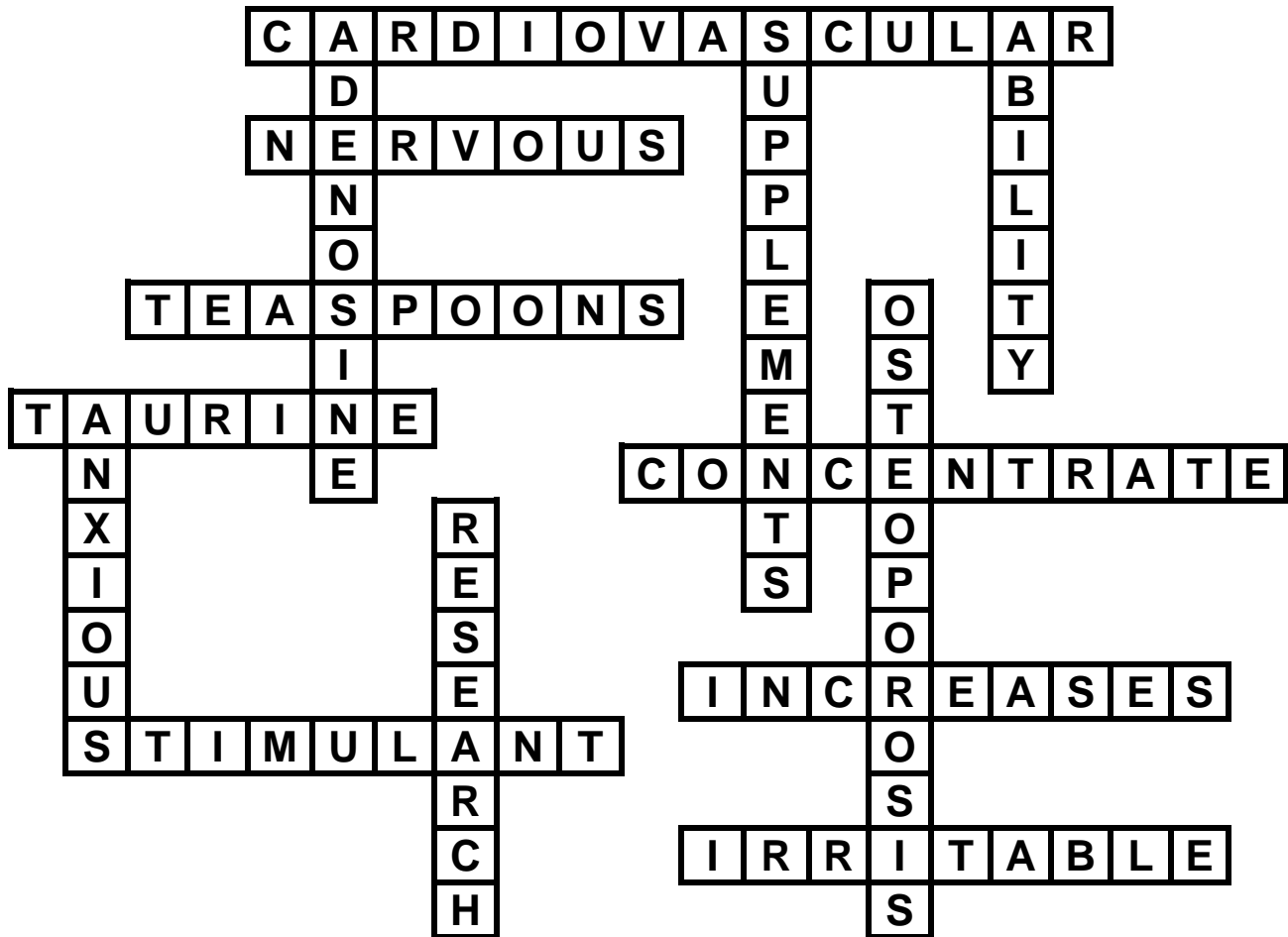


Caffeine Crossword



ACROSS

- Caffeine can harm a teen's ___ system.
- The ___ system is still developing and can be affected by caffeine.
- Energy drinks can contain almost 13 ___ of sugar.
- Guarana and ___ are ingredients in energy drinks.
- Caffeine can make it hard to ___ at school.
- Caffeine ___ your heart rate and blood pressure.
- Caffeine is considered a ___, meaning it acts on your Central Nervous System.
- Too much caffeine can make you feel ___ or angry.

DOWN

- Caffeine fits into the ___ receptors in the brain, making you feel more alert.
- Energy drinks are considered ___ and are therefore not regulated by the FDA.
- Caffeine can affect your ___ to concentrate.
- Replacing milk with sodas and energy drinks can lead to ___, or weakening of bones, over time.
- Drinking too much soda can make you feel ___ or nervous.
- ___ shows that teens who drink energy drinks tend to be more depressed than those who don't.

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