

# Beyond Bias: Awareness, Understanding, and Improv

## Unconscious/Implicit Bias

In this session, we defined Unconscious Bias (Kirwan Institute) as: *The attitudes or stereotypes that affect our understanding, actions, and decisions in an unconscious manner. Activated involuntarily, without awareness or intentional control. Can be either positive or negative.*

How can you apply the principles of ImprovEdge to be a disruptor for unconscious bias?

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PAUSE ● ENGAGE ● ALLYSHIP ● ACTIVATOR

## Tips and Reflection

What can you do to put one skill, technique or learning to use immediately?

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