

# Ohio SNAP-Ed Youth Programs Planning Worksheet – 2019

**DIRECTIONS:** Use this worksheet to **plan** your SNAP-Ed **direct education series programs** with Youth audiences. Fill out one worksheet for a program series. File this worksheet with completed Program Logs and Participant Evaluation Forms after programs are held.

## Program Information

Planned number of sessions for this series: \_\_\_\_\_

(NOTE: A series is defined by the audience. The planned number of sessions for the series will be the TOTAL number of times you will see a particular group of people during the fiscal year, Oct. 1 – Sept. 30.)

ALL SERIES **should** address the 7 youth teaching messages, including:

- Eat different kinds of vegetables
- Do things to be physically active
- Eat breakfast
- Eat healthy snacks
- Eat foods from most MyPlate food groups
- Eat different kinds of fruits
- Drink water instead of soda or juice

Lesson	Date	Task 1 Name & Topic	Task 2 Name & Topic (Optional)
#1	_____	_____	_____
#2	_____	_____	_____
#3	_____	_____	_____
#4	_____	_____	_____
#5	_____	_____	_____
#6	_____	_____	_____
#7	_____	_____	_____
#8	_____	_____	_____
#9	_____	_____	_____
#10	_____	_____	_____
#11	_____	_____	_____
#12	_____	_____	_____

If your series has more than 12 sessions, use the expanded chart on the back of the page or fill out and attach a second page.

## Audience, Agency, & Site Information

Target Audience:

- Youth (Pre-K/Head Start)
- Youth (grades K-2)
- Youth (grades 3-5)
- Youth (grades 6-8)

Audience Description:

Name of Partner Agency: \_\_\_\_\_

Name of Delivery Site: \_\_\_\_\_

Will all programs be held at this delivery site?

Yes

No

Name of contact at partner agency: \_\_\_\_\_

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#11	_____	_____	_____
#12	_____	_____	_____
#13	_____	_____	_____
#14	_____	_____	_____
#15	_____	_____	_____
#16	_____	_____	_____
#17	_____	_____	_____
#18	_____	_____	_____
#19	_____	_____	_____
#20	_____	_____	_____
#21	_____	_____	_____
#22	_____	_____	_____
#23	_____	_____	_____
#24	_____	_____	_____

NOTES: