



FAMILY AND CONSUMER SCIENCES
COLLEGE OF FOOD, AGRICULTURAL, AND
ENVIRONMENTAL SCIENCES
COLLEGE OF EDUCATION AND HUMAN ECOLOGY

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Using the FY19 QRS

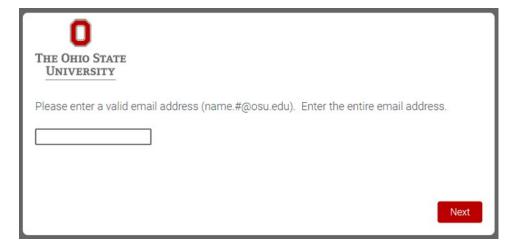
The FY19 Qualitative Reporting System (QRS) is designed to allow for reporting qualitative accounts of the SNAP-Ed program. The two types of qualitative reports entered into the QRS are **success stories** and **policy, systems, and environmental change (PSE)** interventions. The QRS is set up to allow the user to enter both types of reports using the same system. It relies on the user having a clear understanding of the different elements of a success story and a PSE intervention. Reading this manual should help guide the user in determining which type of report to enter.

Reporting Success Stories

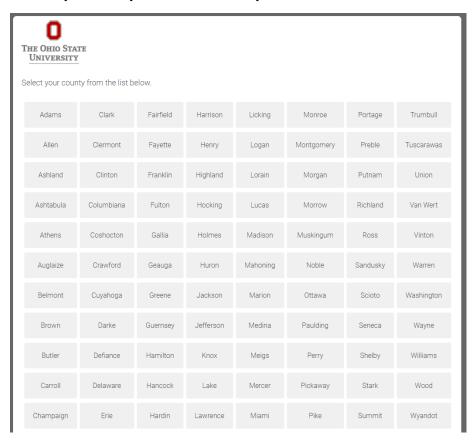
Success stories capture the qualitative component of SNAP-Ed programming on an individual participant or group of participants who have participated in direct nutrition education programming. To be most meaningful, Success stories should be about the results from a direct education program series, as research has found program series to be more effective than stand-alone, single lesson nutrition education programs. Success stories are reported at the conclusion of a direct education program series and capture behavioral changes made by an individual participant or group of participants who have taken part in that program series.

Here is the process for reporting a success story.

1. Enter your email address. It must be the complete email address, not just name.#.



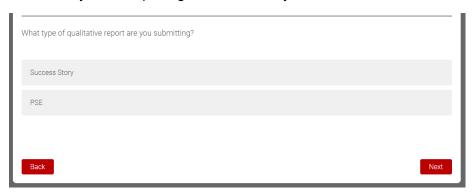
2. Click on your county below. Choose only one.



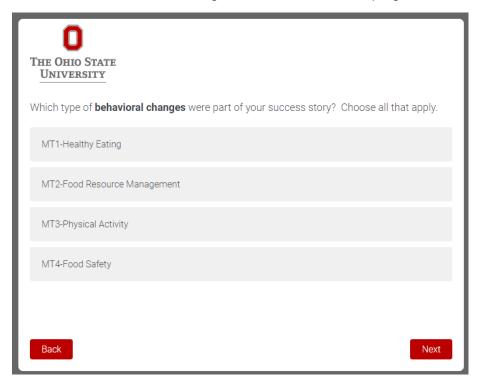
3. Select one target audience.



4. Select that you are reporting a Success Story.



5. Select which medium-term indicators you are reporting as part of your success story. These are indicators associated with behavioral changes from direct education programs.



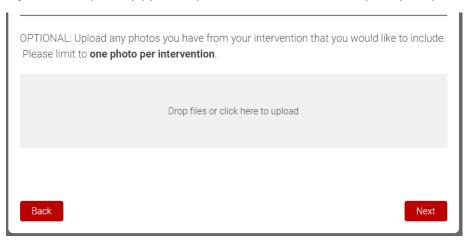
6. Enter in the number of people reached in this success story. If you are reporting a success story for one individual, you will enter "1." If you are reporting a success story for a group (such as a classroom of students), you will report the number of students.



ı		— I
ı	Provide a brief description of how you arrived at your estimated reach of how many p were impacted.	eople
ı		

8. Write a paragraph summarizing the key points of your success story. At a minimum, it should include the type and duration of the intervention (e.g., a 5-session program series), what the scope of the intervention was, and what some of the key outcomes were. You can also include quotes from participants.

9. If you have a photo (approved photo release forms are required) to upload, you can do so.



10. Select your job classification from the list.



11. When you hit the "Next" button, you will be finished. The QRS will send you a summary email of your success story. **Keep a copy for your records.** You must also forward the summary email to your Regional Program Specialist and their Office Associate.

Reporting Environmental Settings-Level PSE's

In the Environmental Settings level of the framework (refer to Appendix 1), the focus is measuring changes in policies, systems, and environments (PSE) and complementary promotional strategies in SNAP-Ed qualified sites and organizations. At this level, the focus of evaluation is measuring changes in settings where people eat, learn, live, play, shop, and work. These changes may include the adoption and implementation of a new or enhanced organizational practice, rule, or procedure that makes healthy choices easier and more desirable. PSE interventions answer the question, "To what extent does SNAP-Ed programming create and sustain access and appeal for improved healthy eating and physical activity choices in the settings where people eat, learn, live, play, shop, and work?" The majority of PSE interventions reported by SNAP-Ed occur at the Environmental Settings level of the SNAP-Ed Framework.

The FY19 QRS is designed to allow reporting of a specific PSE intervention during three phases: the short-term phase (measuring readiness and capacity for the PSE), the medium-term phase (measuring changes), and the long-term phase (measuring effectiveness and maintenance, or sustainability of the PSE). **All PSE interventions should be reported on during each of the three phases at least once**, although you can report a phase multiple times if it is appropriate.

The indicators in the **short-term phase** measure readiness and capacity and include the following:

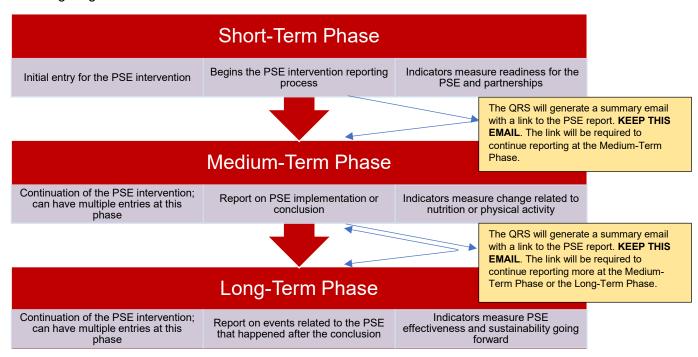
- Readiness and need: This is an appropriate place to start for SNAP-Ed implementers working on PSE changes. It uses a process to develop partnerships and engage organizations in addressing environmental needs around eating, learning, living, playing, shopping, or working categories. This stepwise process develops staff, determines environmental needs, and assesses partner's readiness to engage in PSE changes. This indicator is meant to guide the development of work plans and/or expand existing programs that address other indicators.
- <u>Champions</u>: This indicator identifies people who provide sustained, charismatic leadership that successfully advocates for, creates appeal of, or improves access to nutrition and physical activity in various organizations or environmental settings. SNAP-Ed champions are community members, participants, partners, and organizational leaders who extend their influence beyond direct delivery sites of SNAP-Ed interventions. For a champion's activities to be considered a SNAP-Ed outcome, there must be a connection between the champion's work and the presence of the SNAP-Ed program such that the SNAP-Ed objectives are supported and benefits accrue to SNAP-Ed eligible people, sites, and communities.
- Organizational partnerships: Partnerships with service providers, organizational leaders, and SNAP-Ed representatives in settings where people eat, learn, live, play, shop, and work. When implementing PSE change strategies, the scope of partnerships expands from coordinating logistics for direct education delivery to planning for and adopting changes in nutrition and/or physical activity practices, leveraging resources, and planning for sustainability. In other words, it goes beyond the partnership between an agency and SNAP-Ed to deliver direct education programs. At the Environmental Settings level, partnerships are defined at the site level (e.g., elementary school), organization (e.g., school district), or complementary sites.

The indicators in the short-term phase allow for reporting the plan for the PSE, such as **who** will be involved (who the stakeholders are, and if there are any champions), **what** each partner will commit to doing, and **how** the intervention will be implemented. (Note that the actual implementation is reported in the medium-term phase.) It may also include a general timeline of activities and when they are anticipated to be completed by. As the PSE intervention unfolds, you can then refer back to the short-term indicators to determine progress made toward achieving goals and objectives that were identified at the beginning.

When the PSE intervention begins implementation, this begins the **medium-term phase**. Medium-term indicators measure the **adoption** and **promotion** of nutrition-related supports or physical activity/reduced sedentary behavior supports in sites and organizations. Adoption takes place when sites or organizations make <u>at least one change in policy or practice</u> to expand access or improve appeal for healthy food and beverages. The number of SNAP-Ed participants reached from the PSE are reported here. Reach is an estimate of the total number of persons at the site who are expected to encounter the change on a regular (typical) basis and are assumed to benefit from it. Medium-term indicators include nutrition supports and physical activity and reduced sedentary behavior supports. Depending on the scope of the PSE intervention, it may be appropriate to report multiple times during the medium-term phase. The medium-term phase concludes with the immediate conclusion of the PSE intervention.

The **long-term phase** measures implementation and effectiveness of PSE changes. Implementation pertains to whether the intervention was delivered with fidelity or as intended and whether the essential elements known to be important to the achievement of positive outcomes were actually and consistently implemented. This indicator is "long-term" in that it follows the medium-term adoption indicator; but, in addition, the implementation features are intended to enhance the likelihood of impact and **sustainability** that derives when PSE change is part of a multi-component/multi-level intervention. Effectiveness pertains to the achievement of the intended outcomes and is defined as improvements in the food environment and/or organizational changes, policies, rules, marketing, and access that make healthy choices easier. Sometimes, SNAP-Ed will have an active role in the sustainability efforts, but sometimes, the partners will lead those efforts. Any **additional** participants reached in the long-term phase who were not already accounted for in the medium-term phase can be reported at this time. The long-term indicators include: nutrition supports implementation, physical activity supports implementation, program recognition, media coverage, leveraged resources, planned sustainability, and unexpected benefits.

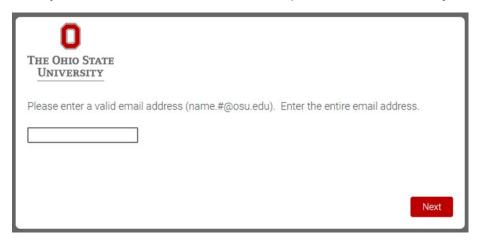
The general process for reporting an Environmental Settings-level PSE intervention is described in the following diagram.



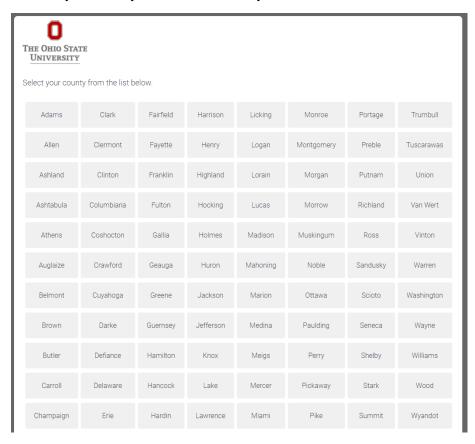
Short-Term Phase

The detailed process of reporting the **short-term phase** of an Environmental Settings-level PSE follows below.

1. Enter your email address. It must be the complete email address, not just name.#.



2. Click on your county below. Choose only one.



3. Select one target audience.



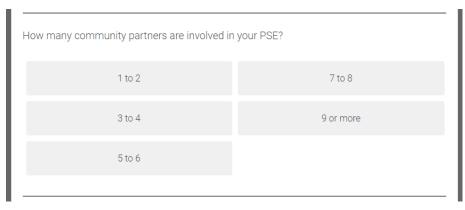
4. Select that you are reporting a PSE intervention.



5. Give your PSE intervention a name that captures the main idea of the PSE.

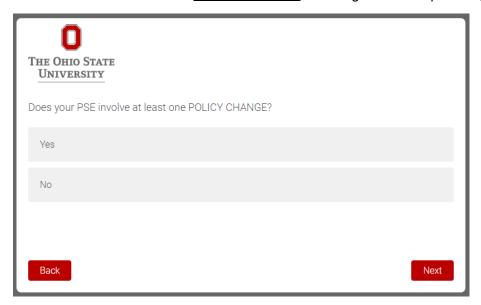


6. Select the number of partners involved in the PSE intervention, including SNAP-Ed.

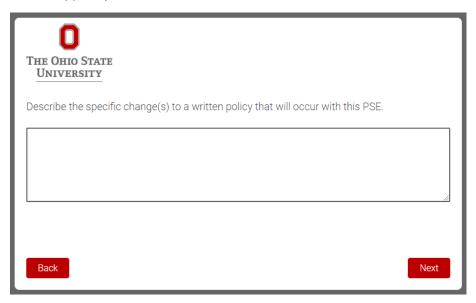


ı	List your community partners for your PSE a list. You may list up to 10 partners.	nd assign a partner	code from the di	op-down			
l	Partner 1			•			
ı	Partner 2			7			
ı	Partner 3			*			
	Partner 4			*			
s	elect that the PSE intervention is	at the Environi	mental Settin	gs level. (Ar	nswer YE	S to this qu	uestion.)
s	elect that the PSE intervention is Are you reporting an Environmental Settings you are state-level staff.)				nswer YE	S to this զւ	uestion.)
s	Are you reporting an Environmental Settings				nswer YE	S to this qu	uestion.)
s	Are you reporting an Environmental Settings you are state-level staff.)				nswer YE	S to this qu	uestion.)

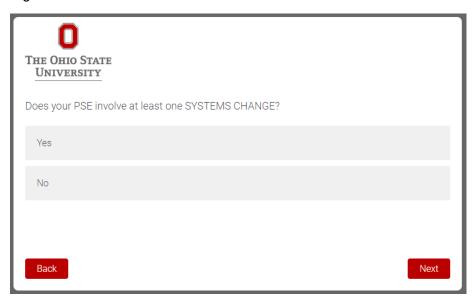
10. Select whether your PSE intervention involves at least one policy change. A **policy** is defined as the creation or modification of "a <u>written statement</u> of an organizational position, decision, or course of action."



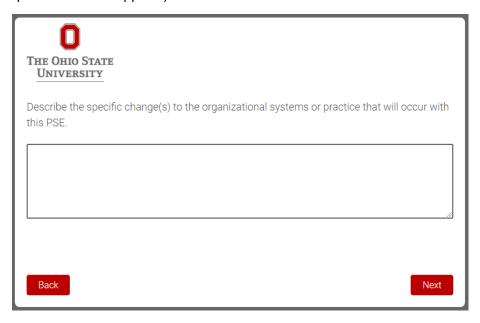
11. If your PSE intervention does involve a policy change, describe that change. (If it does not, this question will not appear.)



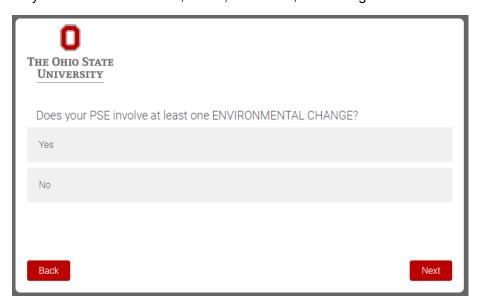
12. Select whether your PSE intervention involves at least one systems change. A **systems change** is defined as "<u>unwritten</u>, <u>ongoing organizational decisions or changes</u> that result in new activities or new ways of conducting business that reach large portions of people the organization or network of organizations serve."



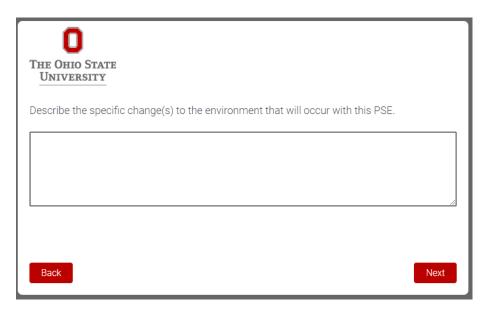
13. If your PSE intervention does involve a systems change, describe that change. (If it does not, this question will not appear.)



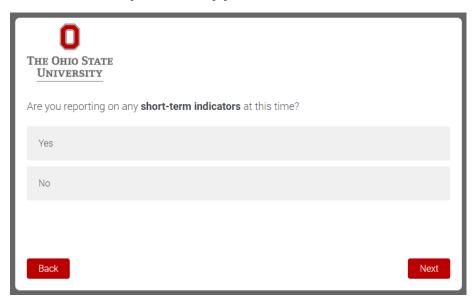
14. Select whether your PSE intervention involves at least one environmental change. An **environmental change** is any change or addition to the "built or physical environment, which is visible or observable, but may also include economic, social, normative, or message environments."



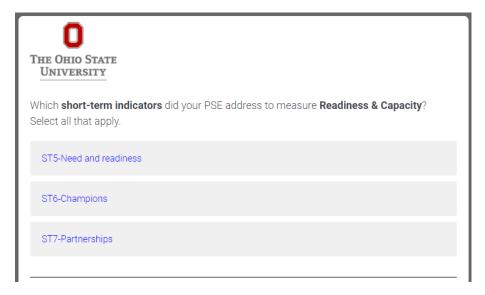
15. If your PSE intervention does involve an environmental change, describe that change. (If it does not, this question will not appear.)



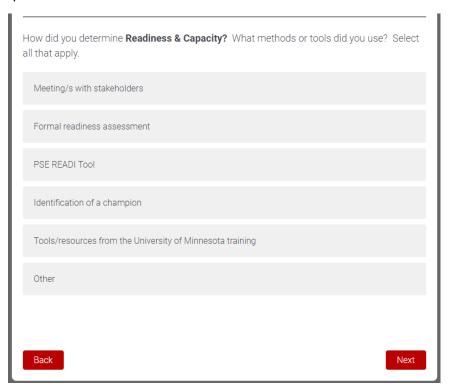
16. Next, you will be asked if you are reporting on any short-term indicators. **If this is the first entry for the PSE intervention**, you must say yes.



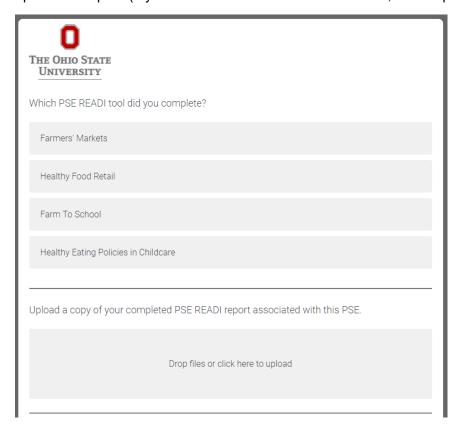
17. Select the short-term indicators your PSE intervention used to measure readiness and capacity.



18. Select which methods you used to measure the readiness and capacity indicators from the previous question.



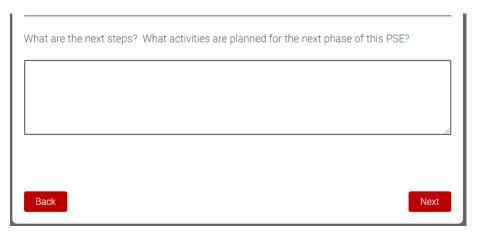
19. If you selected the "PSE READI tool" as one of your methods, choose which tool you used. You can also upload the report. (If you did not select the "PSE READI tool," these questions will not appear.)



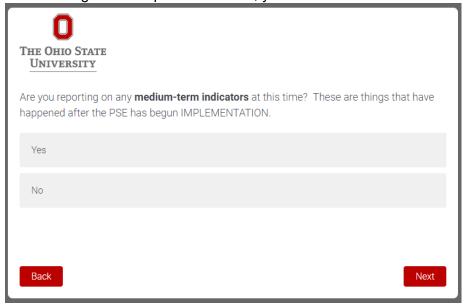
20. Briefly summarize the short-term outcomes from the short-term indicators you measured. Be sure to state which partners had which responsibilities.

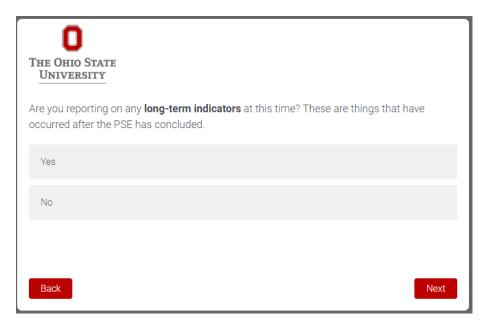
This	a brief summary of the work you've done toward th might include setting up stakeholder meetings, set urces. Be specific.	
		<i>"</i>

21. Describe the next steps in the PSE intervention. What will be implemented (and by whom), and what is the tentative timeline?

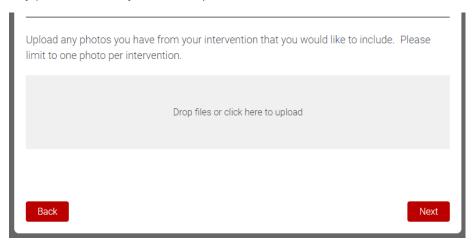


22. At this point, you have concluded entering all information associated with the short-term phase. If you have nothing else to report at this time, you should answer "no" to the following questions.

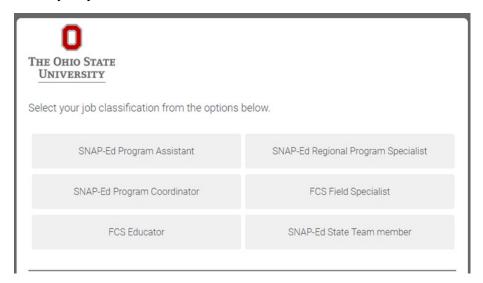




23. Next, you can upload a photo if you choose. (Remember that signed photo release forms are required for any photos taken by SNAP-Ed.)



24. Select your job classification from the list below.



25. Select the various stakeholders who were involved with the PSE intervention.



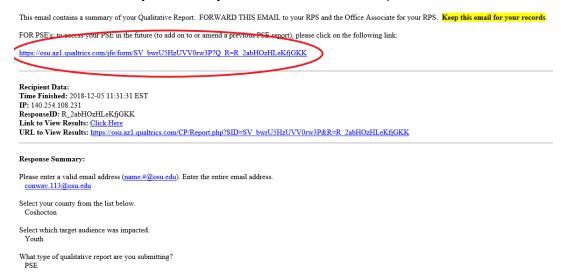
26. When you hit the "Next" button, you will be finished with reporting the short-term phase of the PSE intervention. The QRS will send you a summary email of your PSE report submissions. **Keep a copy for your records.** You must also forward the summary email to your Regional Program Specialist and their Office Associate.

Medium-Term Phase

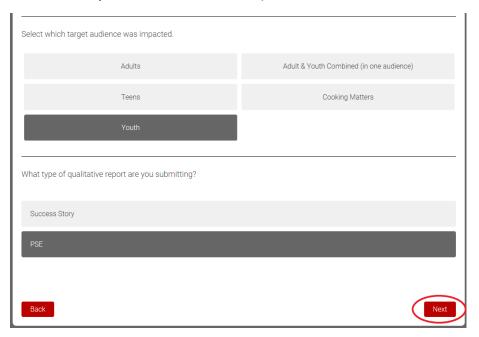
The detailed process of reporting the **medium-term phase** of an Environmental Settings-level PSE follows below.

When you are ready to report on the medium-term phase (for example, to report on PSE implementation and/or the conclusion of the PSE intervention), you will need to click on the link from the summary email the QRS sent you from your short-term phase reporting. **This is the only way to access the PSE report.**

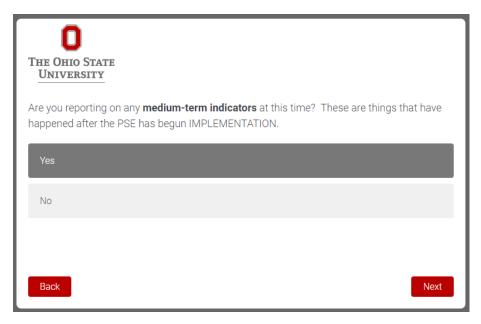
1. Click on the link from the QRS summary email from the short-term phase report. The URL at the very top of the email summary is the one you should click. See example circled in red below.



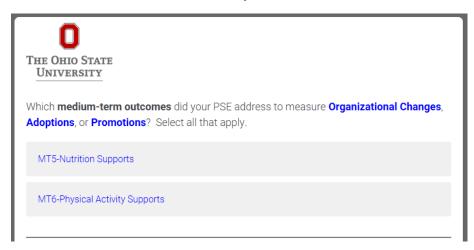
2. Once you click on the URL, you will be taken to the PSE report. You will see your previously-entered information from the short-term phase. If you are not making any changes to the short-term phase, you can click the "Next" button to move past the short-term phase questions. It is important to note that all of your original responses will be kept. If you make any changes to questions you already answered, they will be saved as new responses. No data will ever be over-written.



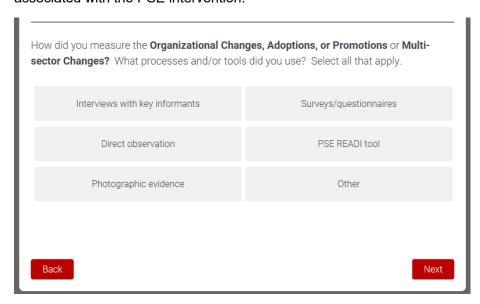
3. When you arrive at the question asking if you are reporting any medium-term indicators, **change your response to "yes."** This will then allow you to answer the questions related to the medium-term phase of the PSE intervention.



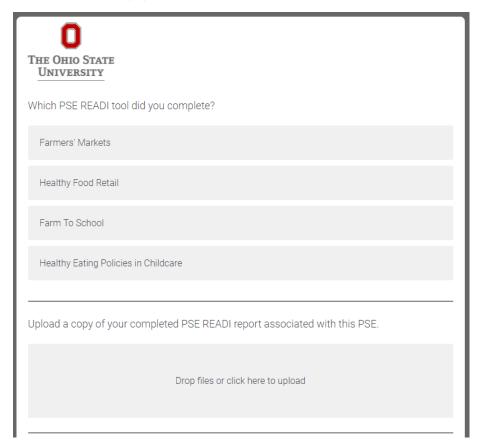
4. Select which medium-term outcomes your PSE intervention addressed at this phase.



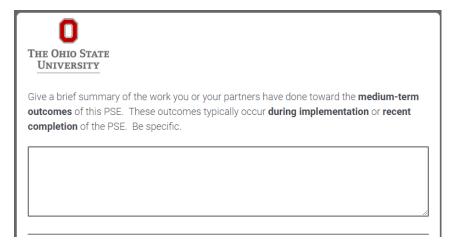
5. Select which processes or tools you used to measure organizational changes, adoptions, or promotions associated with the PSE intervention.



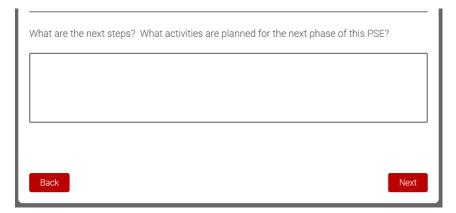
6. If you selected the "PSE READI tool" as one of your methods, choose which tool you used. You can also upload the report. (If you did not select the "PSE READI tool," these questions will not appear.)



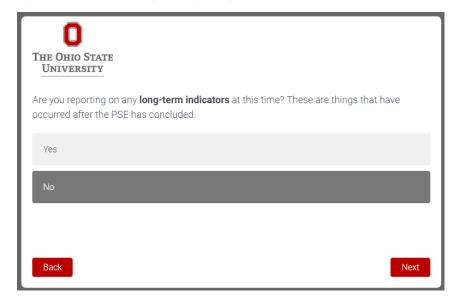
7. Briefly summarize the medium-term outcomes from the medium-term indicators you measured. Be sure to state which partners had which responsibilities in implementing the PSE intervention and what the outcomes were of each.



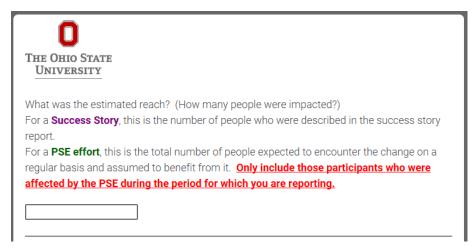
8. Describe the next steps in the PSE intervention. What will be implemented (and by whom), and what is the tentative timeline? (Note that the next steps may still involve additional reporting on the medium-term phase at a future point in time.)



9. If you are not reporting on any long-term indicators, keep "no" selected (it will already be selected).



10. Report the estimated reach. Estimated reach is defined as "the total number of persons at the site who are expected to encounter the change on a regular (typical) basis and are assumed to benefit from it." You can report the reach in multiple phases (e.g., medium-term and long-term), but keep in mind: you cannot report the same people at multiple time points. (For example, if you report you reached 350 students during the medium-term phase, and you want to report additional reach when you go to report on the long-term phase, you can only report any new people not reached during the medium-term phase. Thus, if you only reached 200 people in the long-term phase, you would report 200, not 550, at the long-term phase.)

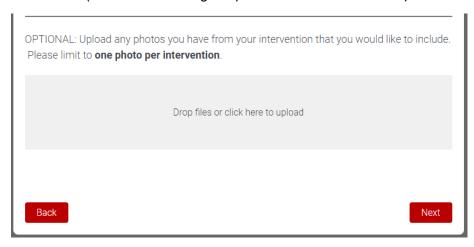


11. Provide a brief (1-2 sentences) description of how you arrived at the estimated reach from the previous question.

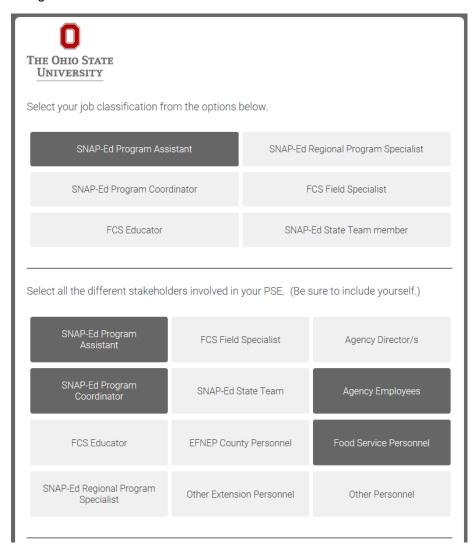
12. Indicate whether the reach you are reporting is for one site (one building) or across multiple sites affiliated with the organization/s with which you are partnering in implementing the PSE intervention.

Is the reach you are estimating from your PSE site-level (one building) reach or organization-level (multiple locations within an organization) reach?	
Site level (one building or location)	
Organization level (includes all sites affiliated with an organization)	

13. If you have a photo to upload, and you have not yet uploaded a photo for this PSE intervention, you can do so here. (Remember that signed photo release forms are required for any photos taken by SNAP-Ed.)



14. For the questions pertaining to job classification and PSE stakeholders, you may leave these unchanged if no changes are necessary. If you have additional stakeholders to add, you can click on the additional categories.



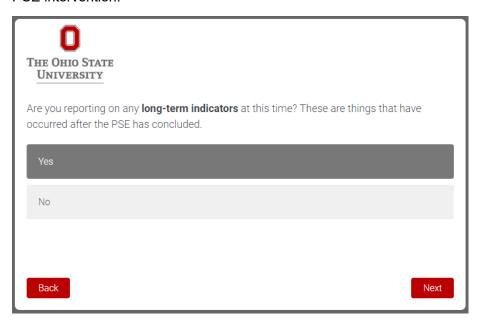
15. When you hit the "Next" button, you will be finished with reporting the medium-term phase of the PSE intervention. The QRS will send you a summary email of your most recent PSE report submissions. **Keep a copy for your records.** You must also forward the summary email to your Regional Program Specialist and their Office Associate.

Long-Term Phase

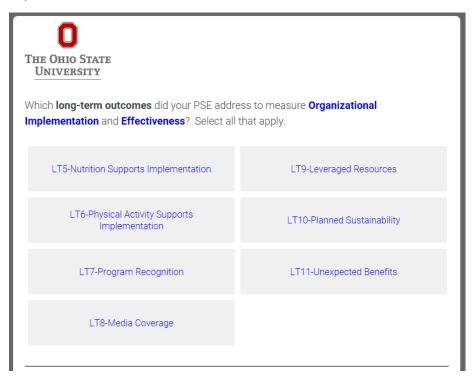
The detailed process of reporting the long-term phase of an Environmental Settings-level PSE follows below.

When you are ready to report on the long-term phase, you will need to click on the link from the summary email the QRS sent you from your medium-term phase reporting. **This is the only way to access the PSE report.**

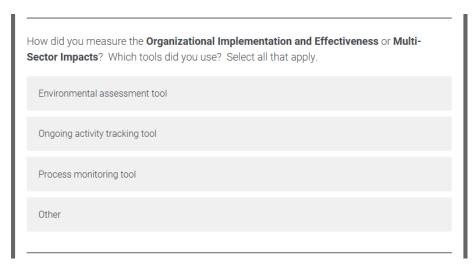
- 1. Click on the link from the QRS summary email from the medium-term phase report (which should be the most recent one). Click on the URL at the very top of the email summary to access the PSE report.
- 2. Once you click on the URL, you will be taken to the PSE report. You will see your previously-entered information from the short-term and medium-term phases. If you are not making any changes these responses, you can click the "Next" button to move past the short-term and medium-term phase questions.
- 3. When you arrive at the question asking if you are reporting any long-term indicators, **change your response to "yes."** This will then allow you to answer the questions related to the long-term phase of the PSE intervention.



4. Select the long-term outcomes from your PSE intervention that were used to measure organizational implementation and effectiveness.



5. Select which processes or tools you used to measure organizational implementation and effectiveness associated with the PSE intervention.



- 6. The next question asks about estimated reach. There will already be a number in this field (from when you reported the medium-term phase). If you do not have any additional reach to report, do not make any changes. If you do have additional persons to report (who were not already captured in the previous phase), you may enter the new value here. Remember not to count people who were already included in estimated reach. We cannot duplicate the reach count by counting people more than once within a PSE intervention.
- 7. If you are reporting **any additional reach** during the long-term phase, provide a brief description of how you arrived at the estimated reach.

- 8. If you are not making any changes to the level of reach (site level or organizational level) from what was previously reported, you can skip past this question. Otherwise, you can change your response as necessary to reflect the additional reach from the long-term phase.
- 9. If you have a photo to upload, and you have not previously uploaded a photo for this PSE intervention, you may do so here. (Remember that signed photo release forms are required for any photos taken by SNAP-Ed.)
- 10. For the questions pertaining to job classification and PSE stakeholders, you may leave these unchanged if no changes are necessary. If you have additional stakeholders to add, you can click on the additional categories.
- 11. When you hit the "Next" button, you will be finished with reporting the long-term phase of the PSE intervention. The QRS will send you a summary email of your most recent PSE report submissions. <u>Keep a copy for your records</u>. You must also forward the summary email to your Regional Program Specialist and their Office Associate.

Reporting Sectors of Influence-Level PSE's

In the Sectors of Influence level of the framework (see Appendix 1), the SNAP-Ed Framework assumes community and state-level outcomes will be achieved through a collective impact approach. The indicators associated with this level of the framework measure changes at the community or jurisdiction level. The indicators answer the question, "To what extent is SNAP-Ed programming working with other sectors (areas of the economy in which businesses share the same or a related product or service) to collectively impact lifelong healthy eating and active living in low-income communities?" The Sectors of Influence indicators measure changes at the community or jurisdiction level. The framework assumes community and state-level outcomes will be achieved through a collective impact approach. Very few PSE interventions reported by SNAP-Ed occur at the Sectors of Influence level of the SNAP-Ed Framework.

The FY19 QRS is designed to allow reporting of a specific PSE intervention during three phases: the short-term phase (measuring readiness and capacity for the PSE), the medium-term phase (measuring changes), and the long-term phase (measuring effectiveness and maintenance, or sustainability of the PSE). **All PSE interventions should be reported on during each of the three phases at least once**, although you can report a phase multiple times if it is appropriate.

The **short-term indicator**, multi-sector partnerships and planning, measures community capacity by assessing the readiness of multi-sector partnerships or coalitions to plan and achieve the changes in nutrition, physical activity, food security, and/or obesity prevention policies and practices. This indicator assesses partnerships and coalitions at the local, state, territorial, or tribal level composed of **at least five diverse sector representatives**. Partnerships at this level go beyond those for Environmental Settings-level partnerships and what is required for setting up SNAP-Ed programming.

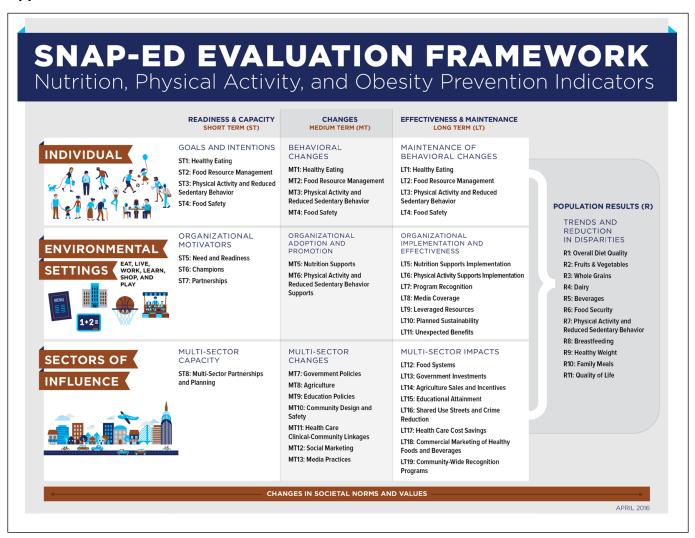
Medium-term indicators measure PSE changes that result from multi-sector partnerships and that are attributable in whole or in part to SNAP-Ed activity. There are an array of indicators associated with medium-term outcomes: governmental policies, agriculture, educational policies, community design and safety, community health initiatives that link health care systems with community groups, social marketing strategies, and media practices.

Long-term indicators measure effectiveness and maintenance of multi-sector impacts. There are an array of indicators associated with long-term outcomes: improvements in food systems, government incentives that promote healthy eating, investments in local foods and the associated benefits to farmers, educational attainment, creating safe streets to promote physical activity, benefits to health care costs from reduction in chronic disease, changes in commercial marketing to promote healthy eating, and community-wide improvements.

The general process for reporting a Sectors of Influence-level PSE intervention identical to that for reporting an Environmental Settings-level PSE. Begin reporting the PSE at the short-term phase, followed by the medium-term phase, and then the long-term phase. You may report multiple times at each phase as necessary, but each phase should be reported on at least one time.

Since Sectors of Influence-level PSE interventions are typically administered at the state level, step-by-step instructions of the reporting process will not be included as part of this manual.

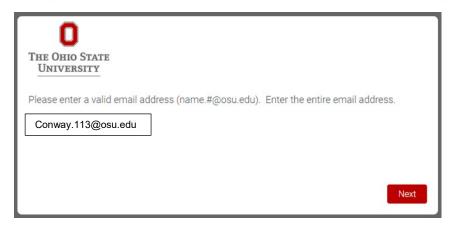
Appendix 1: The SNAP-Ed Evaluation Framework



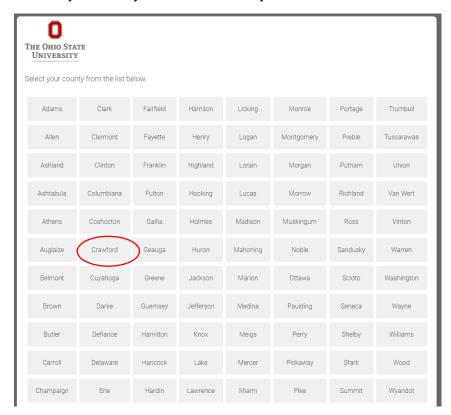
For more information on the SNAP-Ed Evaluation Framework, visit the SNAP-Ed Connection website at **snaped.fns.usda.gov**

Appendix 2: Success Story Example

1. Enter your email address. It must be the complete email address, not just name.#.



2. Click on your county below. Choose only one.



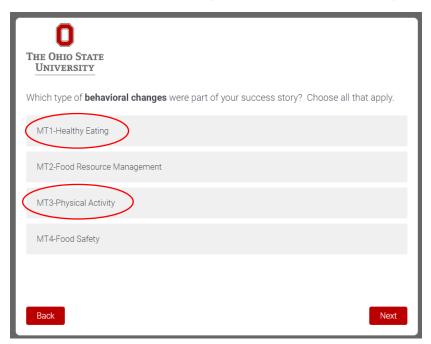
3. Select one target audience.



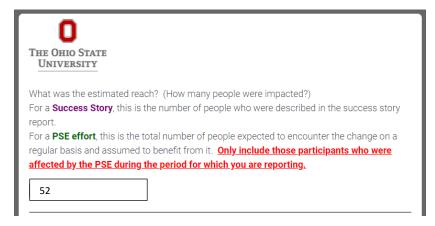
4. Select that you are reporting a Success Story.



5. Select which medium-term indicators you are reporting as part of your success story. These are indicators associated with behavioral changes from direct education programs.



6. Enter in the number of people reached in this success story. If you are reporting a success story for one individual, you will enter "1." If you are reporting a success story for a group (such as a classroom of students), you will report the number of students.



7. Provide a brief (1-2 sentences) description of how you arrived at the estimated reach from the previous question.

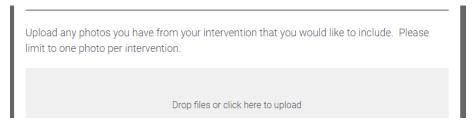


8. Write a paragraph summarizing the key points of your success story. At a minimum, it should include the type and duration of the intervention (e.g., a 5-session program series), what the scope of the intervention was, and what some of the key outcomes were. You can also include quotes from participants.

What was your success story about? What made it a "success"?

I taught a series of 5 direct education programs to two health classes at Jameson High School. One student said, at the beginning of the program, "Don't tell me not to drink pop." By the end of the program series, he was shocked to learn about how much money he spent on soda, and how many calories were in the soda. The health teacher gave me permission to create a bulletin board outside the health classroom and change out the messages every other month.

9. If you have a photo (approved photo release forms are required) to upload, you can do so.



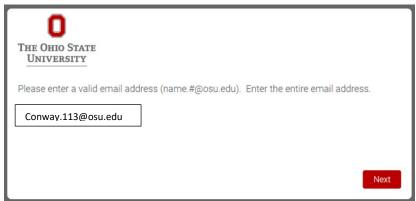
10. Select your job classification from the list.



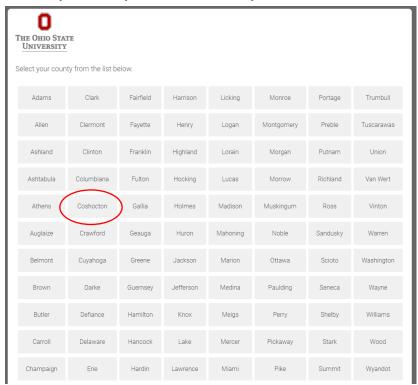
Appendix 3: Environmental Settings-Level PSE Example 1 (School Based PSE)

Short-Term Phase

1. Enter your email address. It must be the complete email address, not just name.#.



2. Click on your county below. Choose only one.



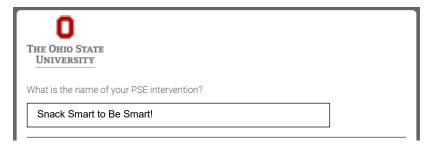
3. Select one target audience.



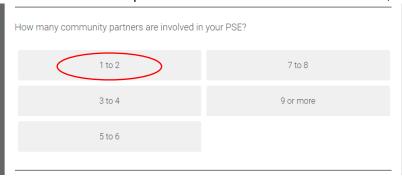
4. Select that you are reporting a PSE Intervention.



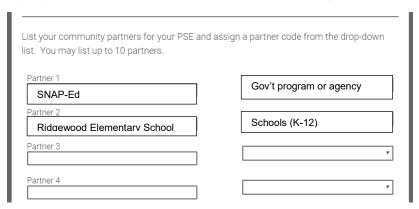
5. Give your PSE intervention a name that captures the main idea of the PSE.



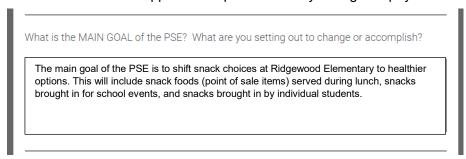
6. Select the number of partners involved in the PSE intervention, including SNAP-Ed.



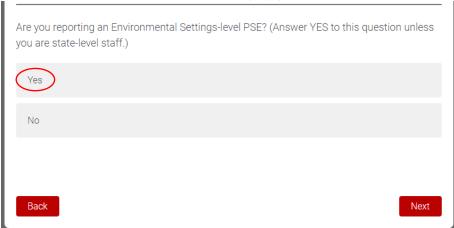
7. List the name of each partner agency and select the category that corresponds to the type of partner agency each one is. You may list up to 10 partner agencies.



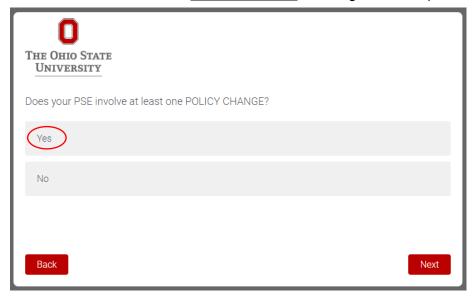
8. Enter the main goal of the PSE intervention. What are you attempting to accomplish with this PSE intervention? How will this PSE intervention show the extent to which SNAP-Ed programming **creates** and **sustains** access and appeal for improved healthy eating and physical activity choices?



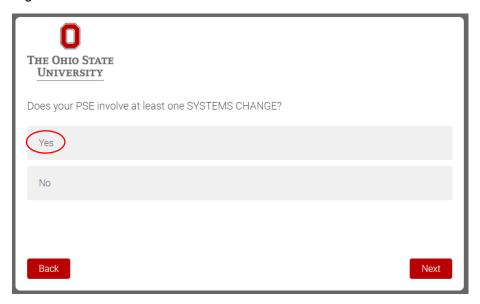
9. Select that the PSE intervention is at the Environmental Settings level. (The majority of PSE interventions that SNAP-Ed reports falls into this category.)



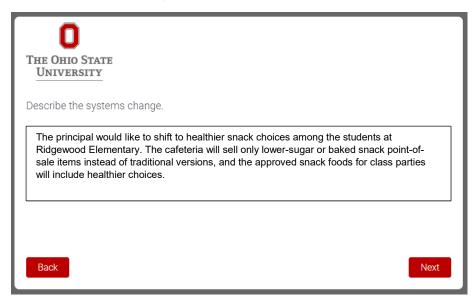
10. Select whether your PSE intervention involves at least one policy change. A **policy** is defined as the creation or modification of "a <u>written statement</u> of an organizational position, decision, or course of action."



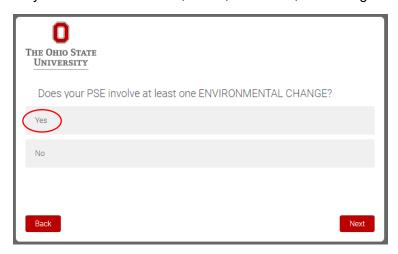
11. Select whether your PSE intervention involves at least one systems change. A **systems change** is defined as "<u>unwritten</u>, <u>ongoing organizational decisions or changes</u> that result in new activities or new ways of conducting business that reach large portions of people the organization or network of organizations serve."



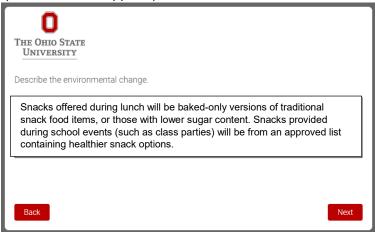
12. If your PSE intervention does involve a systems change, describe that change. (If it does not, this question will not appear.)



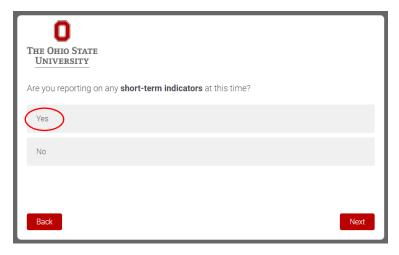
13. Select whether your PSE intervention involves at least one environmental change. An **environmental change** is any change or addition to the "built or physical environment, which is visible or observable, but may also include economic, social, normative, or message environments."



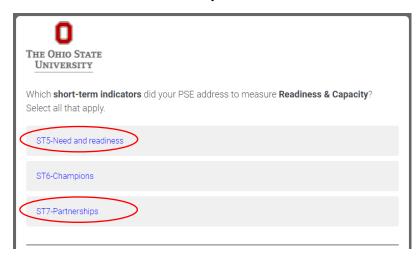
14. If your PSE intervention does involve an environmental change, describe that change. (If it does not, this question will not appear.)



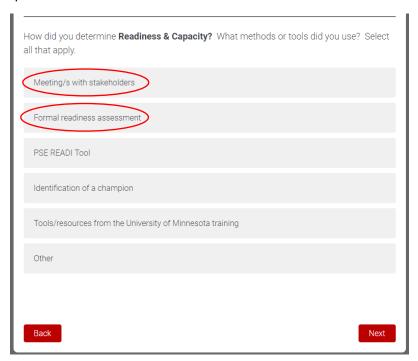
15. Next, you will be asked if you are reporting on any short-term indicators. If this is the first entry for the PSE intervention, you must say yes.



16. Select the short-term indicators your PSE intervention used to measure readiness and capacity.



17. Select which methods you used to measure the readiness and capacity indicators from the previous question.

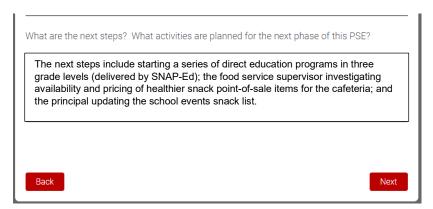


18. Briefly summarize the short-term outcomes from the short-term indicators you measured. Be sure to state which partners had which responsibilities.

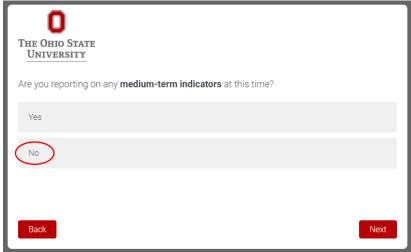
Give a brief summary of the work you've done toward the **short-term outcomes** of this PSE. This might include setting up stakeholder meetings, setting goals, and/or allocating resources. Be specific.

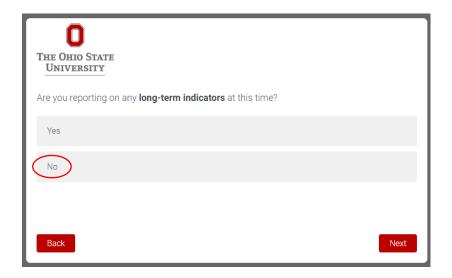
I was invited to attend a meeting with key stakeholders, including the school principal, the food service supervisor, and three teachers. At the meeting, we outlined the goal of the PSE and outlined roles and responsibilities. We set up a timeline for implementing the phasing out of traditional snacks and introducing healthier snacks.

19. Describe the next steps in the PSE intervention. What will be implemented (and by whom), and what is the tentative timeline?

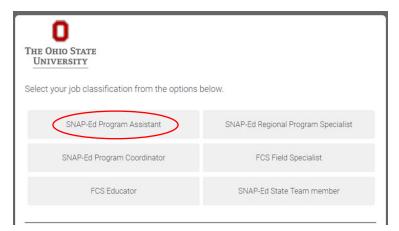


20. At this point, you have concluded entering all information associated with the short-term phase. If you have nothing else to report at this time, you should answer "no" to the following questions.

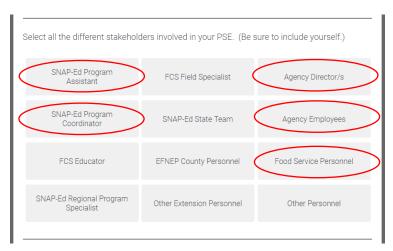




21. Select your job classification from the list below.

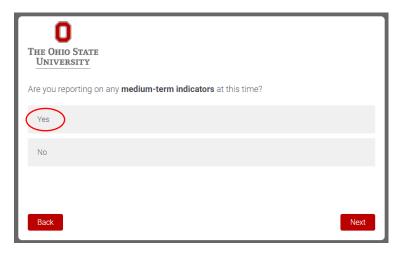


22. Select the various stakeholders who were involved with the PSE intervention.

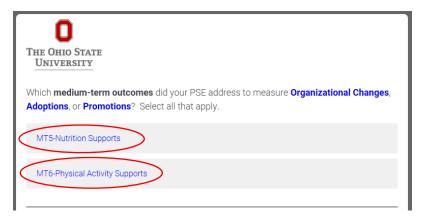


Medium-Term Phase (only shows examples of the new questions/those related to medium-term phase)

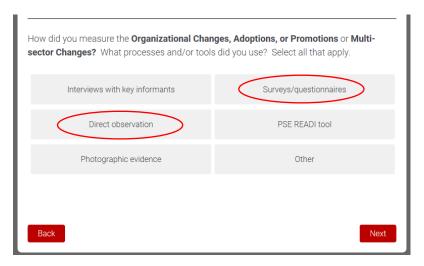
When you arrive at the question asking if you are reporting any medium-term indicators, change your
response to "yes." This will then allow you to answer the questions related to the medium-term phase of
the PSE intervention.



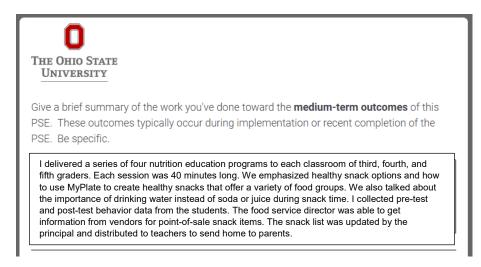
2. Select which medium-term outcomes your PSE intervention addressed at this phase.



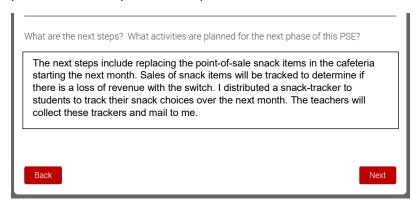
3. Select which processes or tools you used to measure organizational changes, adoptions, or promotions associated with the PSE intervention.



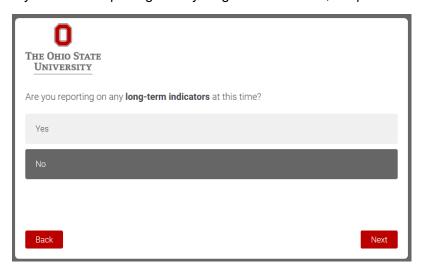
4. Briefly summarize the medium-term outcomes from the medium-term indicators you measured. Be sure to state which partners had which responsibilities in implementing the PSE intervention and what the outcomes were of each.



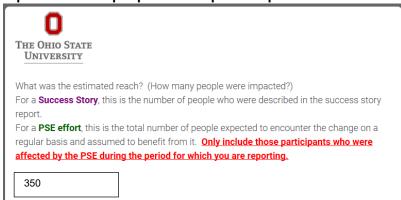
5. Describe the next steps in the PSE intervention. What will be implemented (and by whom), and what is the tentative timeline? (Note that the next steps may still involve additional reporting on the medium-term phase at a future point in time.)



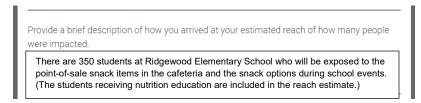
6. If you are not reporting on any long-term indicators, keep "no" selected (it will already be selected).



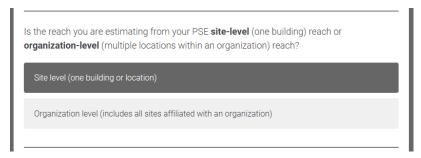
7. Report the estimated reach. Estimated reach is defined as "the total number of persons at the site who are expected to encounter the change on a regular (typical) basis and are assumed to benefit from it." You can report the reach in multiple phases (e.g., medium-term and long-term), but keep in mind: you cannot report the same people at multiple time points.



8. Provide a brief (1-2 sentences) description of how you arrived at the estimated reach from the previous question.



9. Indicate whether the reach you are reporting is for one site (one building) or across multiple sites affiliated with the organization/s with which you are partnering in implementing the PSE intervention.

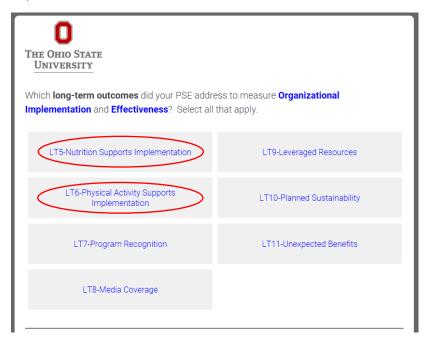


Long-Term Phase (only shows examples of the new questions/those related to long-term phase)

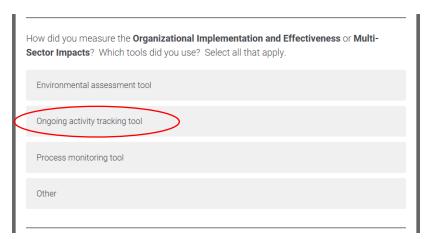
1. When you arrive at the question asking if you are reporting any medium-term indicators, **change your response to "yes."** This will then allow you to answer the questions related to the medium-term phase of the PSE intervention.



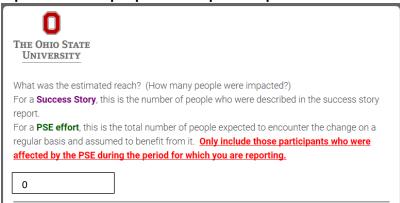
2. Select the long-term outcomes from your PSE intervention that were used to measure organizational implementation and effectiveness.



3. Select which processes or tools you used to measure organizational implementation and effectiveness associated with the PSE intervention.



4. Report the estimated reach. Estimated reach is defined as "the total number of persons at the site who are expected to encounter the change on a regular (typical) basis and are assumed to benefit from it." You can report the reach in multiple phases (e.g., medium-term and long-term), but keep in mind: you cannot report the same people at multiple time points.



5. Provide a brief (1-2 sentences) description of how you arrived at the estimated reach from the previous question.

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And the second of the second o
No additional reach was measured during the long-term phase.

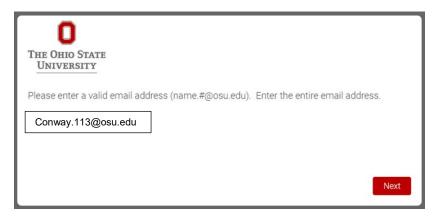
6. Indicate whether the reach you are reporting is for one site (one building) or across multiple sites affiliated with the organization/s with which you are partnering in implementing the PSE intervention.



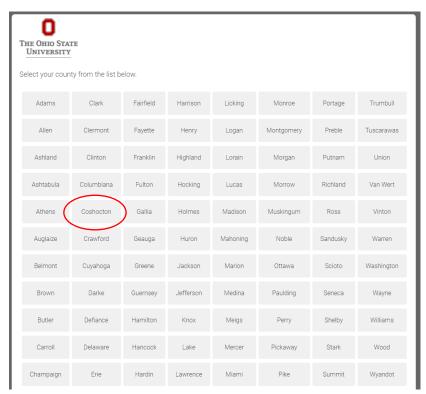
Appendix 4: Environmental Settings-Level PSE Example 2 (Food Pantry PSE)

Short-Term Phase

1. Enter your email address. It must be the complete email address, not just name.#.



2. Click on your county below. Choose only one.



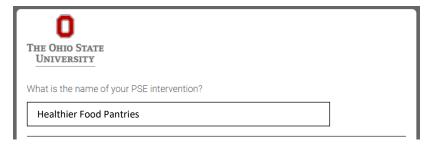
3. Select one target audience.



4. Select that you are reporting a PSE Intervention.



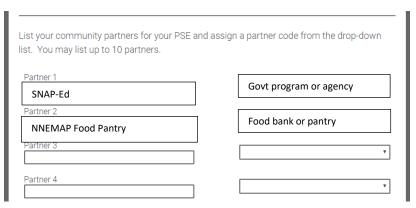
5. Give your PSE intervention a name that captures the main idea of the PSE.



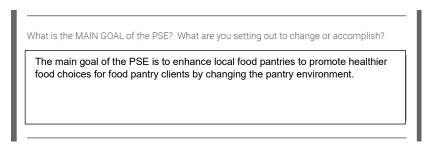
6. Select the number of partners involved in the PSE intervention, including SNAP-Ed.



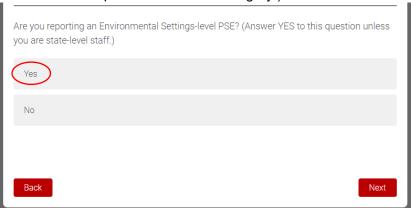
7. List the name of each partner agency and select the category that corresponds to the type of partner agency each one is. You may list up to 10 partner agencies.



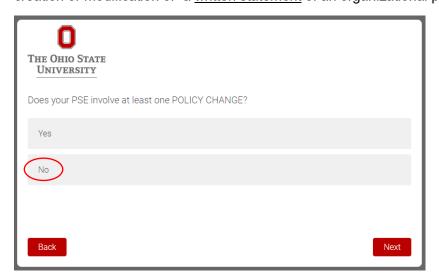
8. Enter the main goal of the PSE intervention. What are you attempting to accomplish with this PSE intervention? How will this PSE intervention show the extent to which SNAP-Ed programming **creates** and **sustains** access and appeal for improved healthy eating and physical activity choices?



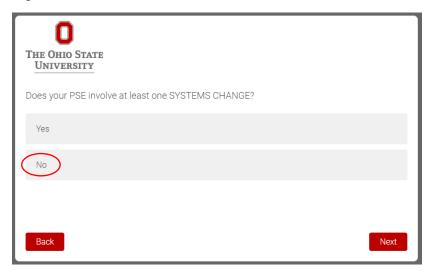
9. Select that the PSE intervention is at the Environmental Settings level. (The majority of PSE interventions that SNAP-Ed reports falls into this category.)



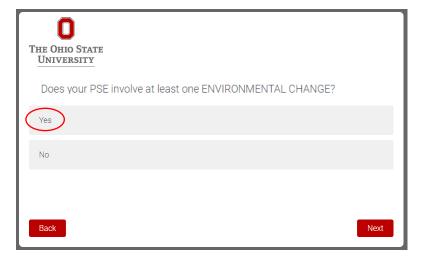
10. Select whether your PSE intervention involves at least one policy change. A **policy** is defined as the creation or modification of "a written statement of an organizational position, decision, or course of action."



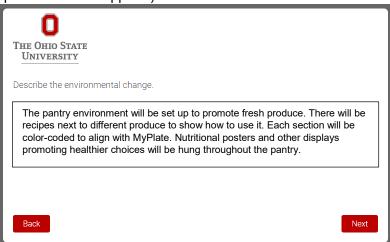
11. Select whether your PSE intervention involves at least one systems change. A **systems change** is defined as "<u>unwritten</u>, <u>ongoing organizational decisions or changes</u> that result in new activities or new ways of conducting business that reach large portions of people the organization or network of organizations serve."



12. Select whether your PSE intervention involves at least one environmental change. An **environmental change** is any change or addition to the "built or physical environment, which is visible or observable, but may also include economic, social, normative, or message environments."



13. If your PSE intervention does involve an environmental change, describe that change. (If it does not, this question will not appear.)



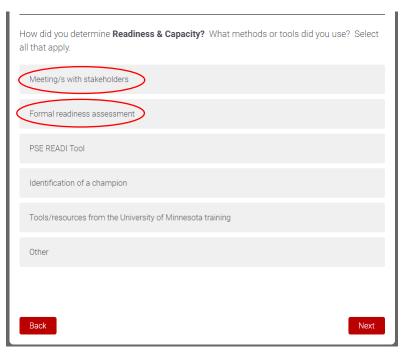
14. Next, you will be asked if you are reporting on any short-term indicators. If this is the first entry for the PSE intervention, you must say yes.



15. Select the short-term indicators your PSE intervention used to measure readiness and capacity.



16. Select which methods you used to measure the readiness and capacity indicators from the previous question.

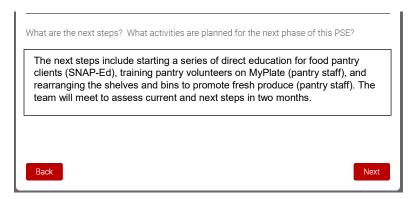


17. Briefly summarize the short-term outcomes from the short-term indicators you measured. Be sure to state which partners had which responsibilities.

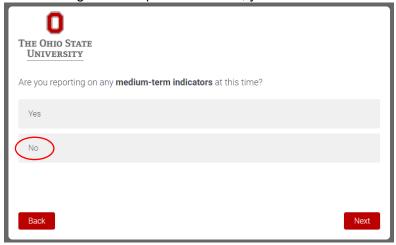
Give a brief summary of the work you've done toward the **short-term outcomes** of this PSE. This might include setting up stakeholder meetings, setting goals, and/or allocating resources. Be specific.

The FCS Educator and SNAP-Ed PA met with the pantry supervisor to discuss the planned changes to the food pantry to promote healthier choices among pantry clients. The pantry supervisor committed to training pantry volunteers about the new layout and MyPlate branding. SNAP-Ed committed to providing nutrition education and suggested recipes for pantry clients.

18. Describe the next steps in the PSE intervention. What will be implemented (and by whom), and what is the tentative timeline?

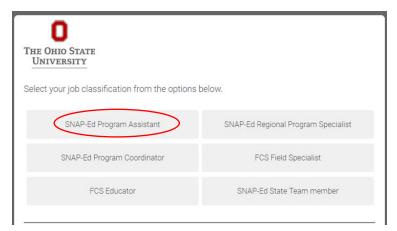


19. At this point, you have concluded entering all information associated with the short-term phase. If you have nothing else to report at this time, you should answer "no" to the following questions.





20. Select your job classification from the list below.



21. Select the various stakeholders who were involved with the PSE intervention.

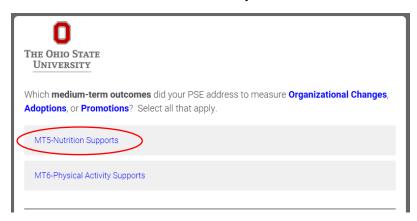


Medium-Term Phase (only shows examples of the new questions/those related to medium-term phase)

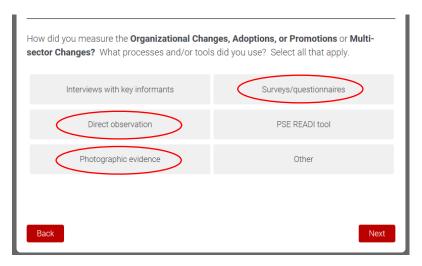
When you arrive at the question asking if you are reporting any medium-term indicators, change your
response to "yes." This will then allow you to answer the questions related to the medium-term phase of
the PSE intervention.



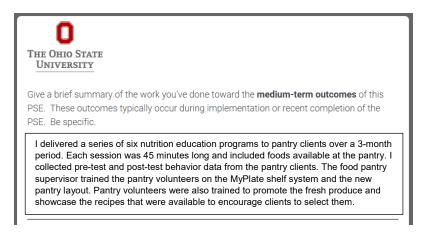
2. Select which medium-term outcomes your PSE intervention addressed at this phase.



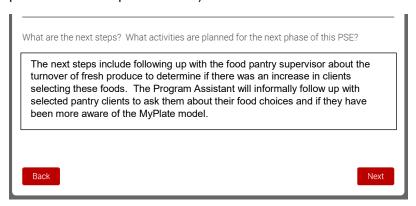
3. Select which processes or tools you used to measure organizational changes, adoptions, or promotions associated with the PSE intervention.



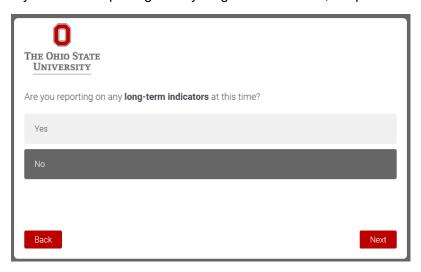
4. Briefly summarize the medium-term outcomes from the medium-term indicators you measured. Be sure to state which partners had which responsibilities in implementing the PSE intervention and what the outcomes were of each.



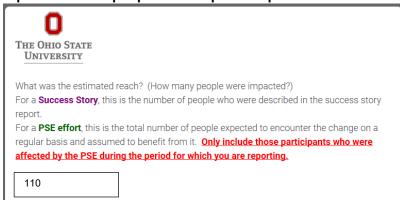
5. Describe the next steps in the PSE intervention. What will be implemented (and by whom), and what is the tentative timeline? (Note that the next steps may still involve additional reporting on the medium-term phase at a future point in time.)



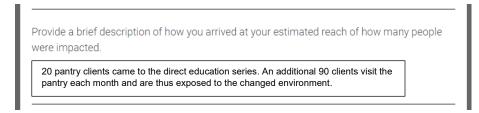
6. If you are not reporting on any long-term indicators, keep "no" selected (it will already be selected).



7. Report the estimated reach. Estimated reach is defined as "the total number of persons at the site who are expected to encounter the change on a regular (typical) basis and are assumed to benefit from it." You can report the reach in multiple phases (e.g., medium-term and long-term), but keep in mind: you cannot report the same people at multiple time points.



8. Provide a brief (1-2 sentences) description of how you arrived at the estimated reach from the previous question.



9. Indicate whether the reach you are reporting is for one site (one building) or across multiple sites affiliated with the organization/s with which you are partnering in implementing the PSE intervention.

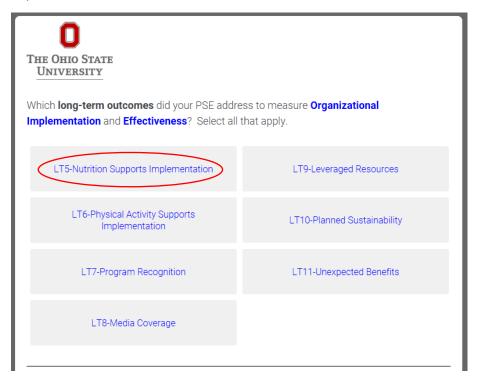


<u>Long-Term Phase</u> (only shows examples of the new questions/those related to long-term phase)

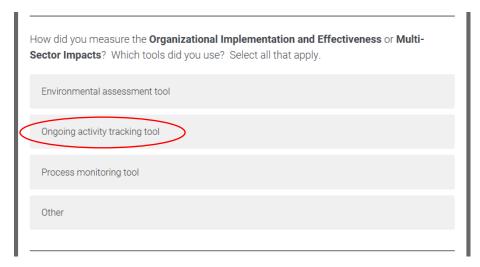
1. When you arrive at the question asking if you are reporting any medium-term indicators, **change your response to "yes."** This will then allow you to answer the questions related to the medium-term phase of the PSE intervention.



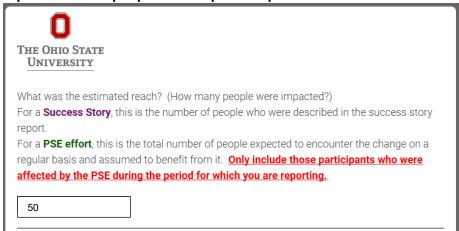
2. Select the long-term outcomes from your PSE intervention that were used to measure organizational implementation and effectiveness.



3. Select which processes or tools you used to measure organizational implementation and effectiveness associated with the PSE intervention.



4. Report the estimated reach. Estimated reach is defined as "the total number of persons at the site who are expected to encounter the change on a regular (typical) basis and are assumed to benefit from it." You can report the reach in multiple phases (e.g., medium-term and long-term), but keep in mind: you cannot report the same people at multiple time points.

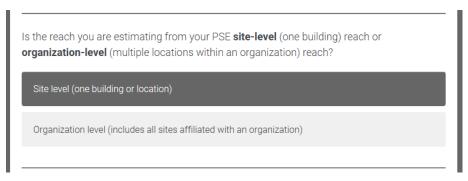


5. Provide a brief (1-2 sentences) description of how you arrived at the estimated reach from the previous question.

Provide a brief description of how you arrived at your estimated reach of how many people were impacted.

The pantry supervisor reported that there were 50 new pantry clients who began using the food pantry during this phase of the PSE.

6. Indicate whether the reach you are reporting is for one site (one building) or across multiple sites affiliated with the organization/s with which you are partnering in implementing the PSE intervention.



Appendix 5: Best Practices for Engaging Partners and Forming Partnerships

Here is a list of best practices for engaging partners and forming partnerships when doing PSE interventions. Not all of these will apply to every situation, but SNAP-Ed staff have reported success when using some combination of these strategies.

- 1. **Look for high-impact**, **low-effort opportunities**. Remember that PSE interventions don't have to be "big" in scale or breadth to have a big impact. Some examples of these might include:
 - a. Accepting SNAP benefits at farmers' markets
 - b. Partnering with the Produce Perks program
 - c. Changing the environment in a local food pantry
 - d. Setting up community or school gardens
 - e. Initiating a Smarter Lunchrooms movement in local schools
- 2. **Leverage your direct education partnerships.** Many times, the partner agencies you work with to deliver direct education programming are willing to consider making changes that extend beyond what can be accomplished with direct education. Talk with them to see what their goals and objectives are and how SNAP-Ed can help them achieve those goals.
- 3. Get informed. Learn about what the public health priorities are in your area. What is in your county's Community Health Improvement Plan (CHIP)? What are the results of local health surveys? Has your mayor or commissioners created health-related task forces you could join? What is the wellness policy at a school district where you deliver nutrition education? Connect with your local Health Department, hospital system, school district, or social service agencies and see how their projects and initiatives may align with SNAP-Ed goals. Similarly, you can check local headlines or agency websites to see what some of the "hot topics" are in your community.
- 4. **Use your Extension contacts.** Many times, your colleagues in other Extension areas (ANR, Community Development, 4-H) have ties to other partners in the area that they can put you into contact with. Additionally, Extension can be a good partner for SNAP-Ed for certain PSE interventions, such as putting in community gardens.
- 5. **Identify barriers.** Ask your participants about barriers they've encountered when trying to put into practice some of the information they've learned from direct education programs. For instance, if participants are having difficulty accessing fresh produce because a farmer's market won't accept EBT cards, a grocery chain might be able to step in and fill that role.

Appendix 6: List of Helpful Links and Resources

For additional information, please see the following resources on PSE interventions.

Building Capacity for Obesity Prevention (BCOP) – PSE READI Tool **psereadi.org**

SNAP-Ed Connection – SNAP-Ed Evaluation Framework and Toolkit **snapedtoolkit.org**

University of Minnesota Extension – Systems Approaches for Healthy Communities extension.umn.edu/nutrition-education/systems-approaches-healthy-communities (Note: You must register for this training in order to access this resource.)

