

FAMILY AND CONSUMER SCIENCES

eCONNECTION

OHIO STATE UNIVERSITY EXTENSION

Cooperative Extension Celebrating 100 Years of Excellence

NOVEMBER 25, 2015

IN THIS ISSUE

- *McPheron Interim Provost*
- *All Extension Conference*
- *NEAFCS Award Recipients*
- *OSU CARES Grants*
- *Professional Development Opportunity*
- *Healthy Team News*
- *In the News*
- *Presentations*
- *New Personnel*
- *Events and more...*

NEWSLETTERS[Communique](#)[Continuum](#)[DHS Update](#)[EHE News](#)[Chow Line](#)[Family Fundamentals](#)[onCampus](#)**RESOURCE LINKS**[CFAES](#)[CFAES Brand Templates](#)[Dining with Diabetes](#)[EFNEP](#)[EHE](#)**Pat Bebo, interim FCS assistant director****News****VP Bruce McPheron Selected Ohio State Interim EVP and Provost**

CFAES Vice President **Bruce McPheron** will serve as interim executive vice president and provost at Ohio State beginning December 2. He will serve in the interim position while the university conducts a national search for a successor to Executive Vice President and Provost Joseph Steinmetz, who will become chancellor at the University of Arkansas on January 1. Senior Associate Dean and Professor Ronald Hendrick will serve as interim CFAES vice president during this transition period. [Read more](#)

**Q&A with Roger Rennekamp at Extension Annual Conference**

New OSU Extension Director **Roger Rennekamp** will attend the December 8-9 Extension Annual Conference at the Ohio Union. A special Q&A session with Roger has been scheduled for December 8 from 11:30 a.m. to noon. To maximize time, questions should be submitted to Interim Director **Greg Davis** at davis.18@osu.edu by December 1.

2015 Extension Annual Conference

The registration deadline for the 2015 Extension Annual

[Extension](#)

[Extension Calendar](#)

[eXtension](#)

[Grants and Contracts](#)

[Live Smart Ohio](#)

[Mindful Extension](#)

[Ohio 4-H Center](#)

[OSU CARES](#)

[Outreach and Engagement](#)

[Policy and Procedures](#)

[Real Money. Real World.](#)

[SNAP-Ed](#)

[Universal Design](#)

CONTACT US

eCONNECTION accepts news and events relevant to FCS. Publication dates are the second/third Wednesday of each month. The news submission deadline is the Monday before publication date. [Submit Info](#)

TIP OF THE DAY

A food safety message from our state specialist, Sanja Ilic: "Food Safety starts at the grocery store. Pickup non-perishables first. Separate raw foods in the cart and shopping bags. Transport food fast from the grocery store to your fridge to keep it safe." Check [Foodsafety.gov](http://foodsafety.gov) for more info.

Conference is December 1. The conference, *Innovation in Action*, is December 8-9 at the Ohio Union. For registration and updated conference information, visit go.osu.edu/2015EAC

OSU CARES Grants and Connect and Collaborate Grants Available!

OSU CARES grants, up to \$25,000 each, are available to help you partner across Ohio State to enhance your community programs. Proposals are due February 3. Go to osucares.osu.edu for the RFP. You can learn



more about the OSU CARES and other grants by attending the Connect and Collaborate Grants information session from 9 to 10 a.m. on December 8 in Hale Hall. If you would like to brainstorm ideas for grants, visit the OSU CARES poster session at the Extension Annual Conference or contact **Karen Bruns** at bruns.1@osu.edu. To learn more, visit <https://oaa.osu.edu/ccgrants>

Professional Development Opportunity: "Leadership Ohio"

Are you interested in growing your leadership skills? FCS is seeking self-nominations from its team members (with at least two (2) years of experience) to participate in the 2016 Leadership Ohio class. The mission of Leadership Ohio is to identify, educate, communicate, inspire and engage Ohio's current and emerging leaders for the wellbeing of the people of Ohio. Don't miss this great opportunity. Details are available at fcs.osu.edu

Aging News at Ohio State

The Fall edition of "Aging News at Ohio State," published by the OSU Office of Geriatrics and Gerontology, is now available [on-line](#). This issue references SNAP benefits, contains information about the Ohio State University Office of Geriatrics and Gerontology, the Champion Intergenerational Grand Opening in Ohio, Depression in older adults, and much more.

Nominations for Marilyn Spiegel and Healthy Awards

The deadline for submitting nominations for the annual Family and Consumer Sciences development fund awards is November 25. Please take advantage of the following opportunities for recognition and professional development:

- **Marilyn R. Spiegel Excellence in Family and Consumer Sciences Extension Award** -- This \$1,000 cash award recognizes an FCS Extension professional for significant programmatic strengths, major contributions, and innovative approaches achieved over the course of their Extension career. Nominations must be made by an OSU Extension peer or team. Details available at fcs.osu.edu
- **Healthy People, Healthy Finances and Healthy Relationships Professional Development Awards** -- These \$500 cash awards in each Healthy, are available to help support the professional development and/or program development pursuits of OSU Extension professionals and/or recognize FCS professional's work in these areas. The Healthy People award is named in memory of Mary E. King, FCS Educator, Crawford County, who specialized in community nutrition education. Details available at fcs.osu.edu

The awards are available as a result of generous donations to the Family and Consumer Sciences Extension Development Fund (#603274). Nominations for 2015 consideration are due by 5 p.m. on November 25.

Survivor's Guide to Winter Challenge

To help improve your overall health and well being, join OSU Extension's Live Healthy Live Well for a six-week *Survivor's Guide to Winter Challenge*. The November 23 through January 3 challenge is free and open to any adult with an email account. Recipients receive twice weekly educational messages and a tracking log for progress. For questions, contact **Michelle Treber**, treber.1@osu.edu or **Lisa Barlage**, barlage.7@osu.edu. To signup, visit fcs.osu.edu/survivor's-guide-winter-challenge

FCS Award Recipients at NEAFCS 2015

- [Continued Excellence Award](#) - **Cynthia Shuster** and **Treva Williams**
- [Distinguished Service Awards](#) - **Shannon Carter** and **Shari Gallup**
- [Florence Hall Award](#) - 1st Place National Winner and 1st Place Central Region Winner – **Michelle Treber** and team (**Lisa Barlage, Pat Brinkman, Cindy Shuster, Linnette Goard, Carol Chandler, Marilyn Rabe, Cheryl Barber Spires, Beth Stefura, Susan Zies, Donna Green, Shannon Carter, Polly Loy, Kathy Dodrill, Kristen Corry, Dan Remley, Melissa Welker, Kathy Green, Joanna Rini, Candace Heer, Elizabeth Smith**)
- [Dean Don Felker Financial Management Award](#) - 1st Place Central Region Winner -- **Kristen Corry** and team (**Betsy DeMatteo, Kathy Dodrill, Polly Loy, Cynthia Shuster**)
- [Program Excellence Through Research Award](#) - 3rd Place National Winner and 2nd Place Central Region Winner -- **Patricia Brinkman** and team (**Lisa Barlage, Michelle Treber, Cynthia Shuster, Carol Chandler, Cheryl Barber Spires, Marilyn Rabe, Beth Stefura, Susan Zies**)
- [Communications Awards: TV/Video](#) -- 2nd Place Central Region Winner -- **Shari Gallup**
- [Communications Award: Educational Curriculum Package](#) -- 2nd Place National Winner and 1st Place Central Region Winner -- **Cynthia Shuster** and team (**Kristen Corry, Betsy DeMatteo, Kathryn Dodrill, Polly Loy**)

FCS Healthy Team News

Healthy People Update

- The Healthy People Group Meeting was held on October 27. The meeting minutes, PowerPoint presentation and other meeting materials are available in the Healthies' Meeting Minutes Buckeye Box Folder. Anyone interested can access the minutes by visiting the folder here: go.osu.edu/BD4g
- All Food Preservation and Dining with Diabetes Survey Data should be turned in to **Terri Fisher** with the FCS Administrative Office by December 1. Please email copies of your surveys to fisher.456@osu.edu.

- There are exciting updates in Live Smart Ohio that will make your jobs posting blogs and reviewing blogs easier. Tune in to the November 19 All FCS call at carmenconnect.osu.edu/p5i5dbv6uba. The next meeting is December 16 at 2 p.m.

In the News

Carolyn Gunther, state specialist for community nutrition education, in collaboration with Marla Reicks, Jinan Banna, Mary Cluskey, Nobuko Hongu, Rickelle Richards, Glade Topham and Siew Sun Wong, was recently published in *Nutrients*.



The article, *Influence of Parenting Practices on Eating Behaviors of Early Adolescents during Independent Eating Occasions: Implications for Obesity Prevention*, is available at mdpi.com/2072-6643/7/10/5431; gave an invited lecture in the College of Public Health and Human Sciences at Oregon State University-Corvallis on November 13 titled *Determining Strategies to Increase Dairy Intake for Improved Cardiometabolic Health in College Students*; was quoted in [CFAES Chow Line: Canned Pumpkin Offers Nutrition, Convenience](#) (October 30, 2015)

Irene Hatsu, state specialist for food security, was quoted in [CFAES Chow Line: Magnesium Essential Powerhouse for Body](#) (October 23, 2015).

Sanja Ilic, state specialist for food safety, was quoted in [CFAES Chow Line: The Difference Between Flu, Foodborne Illness](#)(October 16, 2015); *Do Not (I repeat) Do Not Rinse the Turkey* (November 20, 2015).

Dan Remley, field specialist for food, nutrition and wellness, was quoted in [CFAES Chow Line: Keep it Simple to Plan for Healthful Holidays](#) (November 13, 2015).

Carol Smathers, field specialist for youth nutrition and wellness, was quoted in [CFAES Chow Line: Preschool Ideal Time to Focus on Healthy Eating](#) (November 6, 2015).

Personnel

New hires. **James Brenizer**, SNAP-Ed program assistant, Lucas County; **Dennis DeCamp**, FCS extension educator,

Scioto County; **Laura Halladay**, SNAP-Ed program assistant, Clark County; **Tina McGillvary**, SNAP-Ed program assistant, Clark County; **Natalie Miller**, SNAP-Ed program assistant, Greene County; **Brooke Moeller**, SNAP-Ed program assistant, Franklin County; **Alyssa Simon**, SNAP-Ed program assistant, Medina County; **Rebecca Patrick**, SNAP-Ed program assistant, Ross County; **Alyssa Simon**, SNAP-Ed program assistant, Medina County; **Jerardo Soto**, EFNEP program assistant, Lucas County; **Jeri Stallo**, SNAP-Ed program assistant, Lawrence County; **Annette Witte**, SNAP-Ed program assistant, Henry County.

Retirement

Extension Educator **Cynthia Shuster** (Perry County) is retiring November 30; Extension Educator **Nancy Stehulak** (Henry County) is retiring December 31; EFNEP Program Specialist **Pat Riederer** (state office) is retiring December 31.

Presentations

2015 NEAFCS conference

- **Kristen Corry** (Butler County), **Kathy Dodrill** (Washington County), **Polly Loy** (Belmont County) and **Cindy Shuster** (Perry County) presented two sessions -- *Manage Your Money Email Challenge: Reaching Consumers in Their Spaces* and *Utilizing Technology to Reach Learners, Build Audiences and Gauge Behavior Change*.
- **Patrice Powers-Barker** (Lucas County), **Katie LaPlant** (Ottawa County), **Carmen Irving** (Union County), **Jacqueline Kirby Wilkins** (OSUE North East Region) presented *Using Family Life Education Methodology in Extension for Strong Family and Consumer Science Programming*
- **Margaret Jenkins**, **Kelly Royalty** and **Nanette Neal** (Clermont County) presented *Preparing Tomorrow's Leaders Today*
- **Melinda Hill** (Wayne County) and **Carol Chandler** (South East Region) presented *Smart Start with Money, Teaching Preschoolers about Money*
- **Christine Kendle** (Tuscarawas County), **Katharine Shumaker** (Holmes County), **Melinda Hill** (Wayne County), **Emily Adams** (Coshocton County), **Heather Neikirk** (Stark County) and **Sandra Smith** (Carroll

County) presented *Supporting Women in Agriculture: A Teamwork Approach*

- **Jamie Seger**, Amanda Christensen, Margie Memmott presented *eXtension Educational Technology Learning Network: Advancing Extension through Multi-State Collaboration, Open Sharing, and Support*
- **Terri Worthington** (Geauga County), **Kristen Corry** (Butler County), **Jim Bates** (state office), **Carmen Irving** (Union County) and **Lisa Miller** (Lake County) presented *Successful Co-Parenting: a Family Stability Program*
- **Shari Gallup** (Licking County) and **Dan Remley** (South Centers) hosted a pre-conference session on Dining with Diabetes Training

NEAFCS Showcase of Excellence

- *Healthy Parents, Healthy Relationships, and Family Mealtime: A Winning Combination* -- **James Bates, Sarah Colby, Lisa Franzen-Castle, Kendra Kattelmann, Douglas Matthews, Melissa Olfert** and **Adrienne White**
- *Occasional Quantity Cooks: On-Line Lessons and Results* -- **Katharine Shumaker** and **Linnette Goard**
- *Food Safety Education for Teens: Collaborative Teaching of Extension and Schools* -- **Kathryn Green**
- *Do You Have Food \$ense: Utilizing Community Partnerships to Reduce Food Insecurity* -- **Margaret Jenkins, Mona Glover** and **Anna Saunders**
- *Utilizing Wellness Coalitions to Prevent Childhood Obesity through Nutrition and Physical Activity Interventions: Revitalizing Broadway Park* -- **Cynthia Shuster**

Kudos

- **Marcy Payne-Lavigne**, office administrative associate, successfully defended her Capstone requirement to complete her Masters of Science in Family & Human Development from Arizona State University. Her topic, Aging Out of Foster Care and the Issues that Foster Children Face in Navigating Life, was presented on October 30.
- **Carolyn Gunther's** undergraduate student workers: Nicole Hopsecger, Rachel Berton, Andrew Weeks, Nichlaus Stout, and Jessica O'Bryan each received \$1,000 competitive research awards from the OSU

Undergraduate Research Office for their work on the team's research on family meals.

Video Spotlight

Former Healthy People program specialist Bridgette Kidd offers guidance to help you enjoy the holidays without calorie-laden regrets. View this [video](#) or search for others at youtube.com

Upcoming Events

All Extension Annual Conference

December 8-9, Ohio Union



THE OHIO STATE UNIVERSITY

© 2015 | Family and Consumer Sciences | 1787 Neil Ave. | Columbus, OH 43210 | 614-688-5378

Contact: FCS | eCONNECTION Published by Family and Consumer Sciences

