

JUNE 10, 2015

IN THIS ISSUE

- *ECOP Action Committees*
- *Bruns Selected Ruby Award Recipient*
- *Smart Eating for Young Children*
- *Community Partnership Award*
- *Priester Award*
- *Smart Eating for Young Children*
- *Awards and more...*

NEWSLETTERS[Communique](#)[Continuum](#)[DHS Update](#)[EHE News](#)[Chow Line](#)[Family Fundamentals](#)[onCampus](#)**RESOURCE LINKS**[CFAES](#)[CFAES Brand Templates](#)[Dining with Diabetes](#)[EHE](#)[Extension](#)[Extension Calendar](#)[eXtension](#)[Grants and Contracts](#)**FCS News****ECOP Selects 5 OSU Faculty and Staff for Action Teams**

Members of the Extension and Experiment Station Committees on Organization and Policy (ECOP and ESCOP) selected five representatives from The Ohio State University to serve on its 2015 action teams. The responsibilities of the action teams over a three-year period is to select and invite additional external partners, identify and develop systematic programs and curriculum, engage colleagues in professional development, and initiate system wide program impact evaluation. [Read more...](#)

Karen Bruns Selected 2015 Ruby Award Recipient

Congratulations to Karen Bruns, former FCS assistant director and OSU CARES leader, on her selection as the 2015 Ruby Award recipient. The award, presented yearly, recognizes Epsilon Sigma Phi members for outstanding professional achievements. [Read more...](#)

**Priester Award**

Extension Educator **Shari Gallup** (Licking County) and Field Specialist **Daniel Remley** received Priester Award recognition in the Individual/Family Program category for *Dining with Diabetes* during the May National Health Outreach Conference in Atlanta, GA. [Dining with Diabetes details...](#)

[Live Smart Ohio](#)

[Mindful Extension](#)

[Ohio 4-H Center](#)

[OSU CARES](#)

[Outreach and Engagement](#)

[Policy and Procedures](#)

[Real Money. Real World.](#)

[Universal Design](#)

CONTACT US

eCONNECTION accepts news and events relevant to FCS. Publication dates are the second Wednesday of each month. The news submission deadline is the Monday before publication date. [Submit Info](#)

TIP OF THE DAY

How much water is enough?-
Let your thirst be your guide. Water is an important nutrient for the body, but everyone's needs are different. Most of us get enough water from the foods we eat and the beverages we drink. A healthy body can balance water needs throughout the day. Drink plenty of water if you are very active, live or work in hot conditions, or are an older adult.

[ChooseMyPlate.gov](#)

2015 Excellence in Community Partnership Award



Congratulations to Field Specialist **Carol Smathers**. Her nomination of The Healthy Children, Healthy Weights Program at Columbus Public Health was selected by a faculty review committee and received Ohio State's **2015**

Excellence in Community Partnership Award. The award, part of the University Outreach and Engagement Recognition program, was sponsored by the Office of Outreach and Engagement, Office of International Affairs, Office of Service-Learning, Office of Undergraduate Education, and the Office of Student Life. [Read more...](#)

Smart Eating for Young Children

To help promote good nutrition and a balanced diet in early childhood, FCS created informative resources for educators and specialists in both print and eBook. Both versions are available at the [OSU Extension eStore](#). You are encouraged to market them widely. For details, contact [Pat Holmes](#).

K-2 Youth Evaluation Tool

Congratulations to EFNEP Program Director **Maria Carmen Lambea**, who received Certificate of Appreciation from the United States Department of Agriculture for her involvement in redesigning and improving the K-2 youth evaluation tool that ultimately enhanced EFNEP reporting capabilities nationwide.

Collaborative Efforts to Save Hemlocks in Ohio

Congratulations to OSU Extension Educators **Jerome Iles**, (Fairfield County), **David Apsley**, associate professor (Jackson County), **Tom Macy** and **Stephanie Downs**, winners of the Ohio National Association of County Agricultural Agents (NACAA) poster context. The poster, Collaborative Efforts to Save Hemlocks in Ohio, won the state competition and will be judged for national awards at the July NACAA AMPIC competition in North Dakota. [Explore more...](#)



Conference Presentations

- During the April Southern Gerontological Society's Annual Conference in Williamsburg, VA, **Carmen Irving** (Union County) and **Kathryn Green** (Clark County) presented Aging Smart curriculum. **Kathryn Green** also presented, Caring Across Borders: The Stresses of Immigrant Men, during the professional poster session. [Conference details...](#)
- At the May National Health Outreach Conference (NHOC) in Atlanta, Family and Consumer Sciences representatives received award recognition and made numerous conference presentations. [Read more...](#)
- **Marie Economos** (Trumbull County) and **Therese Worthington** (Geauga County) presented Mindful Extension: A Guide to Practical Stress Reduction Strategies. **Marie Economos** (Trumbull County) and **Beth Stefura** (Mahoning County) discussed Smarter Lunchroom in Ohio during the May NHOC informal poster session.
- Vinton County's **Deanna Tribe** and **Katherine Homonai** presented *Putting Healthy Food on the Table* during the **annual Ohio ACCN Research Seminar (May), Addressing Cancer Health Disparities in Appalachia**, at the Fawcett Center for Tomorrow in Columbus.
- EFNEP Research Associate **Korrin Vanderhoof** received recognition 'for providing significant leadership over WebNEERS Beta Team projects and for taking initiative to design new tools and resources for the benefit of users nationwide' from USDA at the March EFNEP National Coordinators Conference in Arlington, VA.
- During the May 6 Ohio State University *Outreach and Engagement Forum*, numerous OSU Extension programs were featured. The Forum was an opportunity to interact with Ohio State's outreach and engagement community, share outreach and engagement work and make connections with potential collaborators. FCS [participants included...](#)

Grant Opportunities

RWJF Commits \$25 Million to Broaden Health Research. The Robert Wood Johnson Foundation (RWJF) announced an initial \$25 million commitment over the next three years to fund innovative research on policies, laws, system interventions, and community dynamics that improve health and well-being, with emphasis on sectors not typically associated with health, such as transportation and housing. The research grants will support RWJF's vision, released in 2014, to work with others to build a national Culture of Health in which everyone has the opportunity to live their healthiest life possible. [Details...](#)

Kudos

Job well done. Many thanks to the author and Field Specialist **Nancy Stehulak** (Henry County), and revision editors **Jeffery LeJeune**, assistant dean for Veterinary Medicine Administration, and **Lydia Medeiros** (EHE) for updating the [Listeriosis](#) Ohioline fact sheet. The recent listeria incident prompted quick action to update reference information, as *Ohioline* fact sheets are popular sources of information.

Personnel

New hires. Program Assistant **Susan Shickley**, SNAP-Ed Erie County; Program Assistant **Julie Gladney**, SNAP-Ed Athens County; Research Assistant **Jenny Lobb**, Campbell Hall; Program Assistant **Zara Choudhry**, EFNEP Lucas County; Program Assistant **Holly Eckert**, SNAP-Ed OARDC; Educator **Cheryl Mickley**, FCS Carroll County; Educator **Tammy Jones**, FCS Pike County; Program Assistant **Shannon Rebmann**, SNAP-Ed Wayne County; Program Assistant **Kailey Reynolds**, SNAP-Ed Richland County; Program Assistant **Loretta Sweeny**, FCS Franklin County.

Retirements. Field Specialist **Linnette Goard** (Medina County) is retiring June 30 after 34 years at Ohio State. A retirement luncheon is planned for June 12 from 12:30 to 3 p.m. at the Wayne County Administration Building in Wooster. For details,



contact **Melinda Hill** at 330-264-8722 or hill.14@osu.edu. Extension Educator **Kathy Oliver** (Hardin County) is retiring June 30 after 32.5 years with OSU Extension. A retirement reception is planned for June 29 in Kenton. Extension Educator **Kathryn Dodrill** (Washington County) retired May 31 after 35 years with Ohio State. She also worked 4.2 years at West Virginia University.

Position change. Healthy Relationships Program Specialist **Carmen Irving** recently accepted a new FCS position as Union County educator. She will continue as program specialist for 25 percent of her appointment time.

Training

Hands on Home Food Preservation Training (repeat from April 29) will be held June 19 from 10 a.m. to 3 p.m. in Chillicothe. Topics include: using pressure canners and hot water baths, testing pressure canners, and the new Fresh Tech Canning System. Lunch will be provided. For details, contact **Lisa Barlage** (Ross County) at barlage.7@osu.edu or **Treva Williams** (Scioto County) at williams.973@osu.edu or 740-354-7879.

Video Spotlight

Field Special **Linnette Goard** explains Water Bath Canning of Sweet Pickles. View this [video](#) and search for other OSU Extension videos at youtube.com

Upcoming Events

All FCS Annual Conference

October 13-14, Ohio Union



THE OHIO STATE UNIVERSITY

© 2015 | Family and Consumer Sciences | 1787 Neil Ave. | Columbus, OH 43210 | [614-688-5378](tel:614-688-5378)

Contact: [FCS](#) | eCONNECTION Published by [Family and Consumer Sciences](#)

