

JULY 17, 2015

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The FCS assistant director search committee has narrowed the candidate pool to three. Please plan to attend the August 3 candidate presentations in Campbell Hall. If you are unable to attend in person, videoconferencing will be available. Details regarding times, video conferences, CVs and feedback survey links will soon be announced.

**OSU Campy Research Study**

After much preparation, The Ohio State University Campylobacter Research Study has now begun to accept participants. The study delivers food safety information about *Campylobacter jejuni* and the risk for bacterial diarrhea illness in children ages 1 to 9, especially during the summer when risk increases. This study focuses on chicken and turkey products that are so often the main ingredient of summertime foods. Participants are being recruited through OSU Extension in Wayne, Montgomery, Clermont, Mahoning, Fayette, Scioto, Tuscarawas, Henry, Clark, Ross and Union counties. [Read more...](#)

**CFAES / FCS Design Templates**

Creating a document or flier to promote your upcoming event/program? CFAES / Ohio State branded templates are available for download at [fcs.osu.edu](http://fcs.osu.edu) (FCS Extension Professionals login and select Resources in left column), [cfaes.osu.edu/brand/templates](http://cfaes.osu.edu/brand/templates) and [brand.osu.edu](http://brand.osu.edu). You must use the Extension templates with the scarlet OSU Extension band at top. The simple to use templates are a great resource for branding and will help keep you compliant with CFAES's design guidelines. If you need assistance, please check with [Richard Wofford](#) or [Terri Fisher](#).

[Mindful Extension](#)

[Ohio 4-H Center](#)

[OSU CARES](#)

[Outreach and Engagement](#)

[Policy and Procedures](#)

[Real Money. Real World.](#)

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## CONTACT US

eCONNECTION accepts news and events relevant to FCS. Publication dates are the second Wednesday of each month. The news submission deadline is the Monday before publication date. [Submit Info](#)

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## TIP OF THE DAY

### 2-Minute Walk Every Hour -

A new research suggests getting up and walking for a few minutes every hour will help reduce the negative health effects from prolonged sitting. "Previous studies have shown that sitting for extended periods of time every day can increase the risk of a number of health issues, such as heart disease, diabetes and premature death." To learn more, review the Health Day article at [consumer.healthday.com](http://consumer.healthday.com).

Source: *University of Utah School of Medicine, April 30, 2015*

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## Welcome back, Karen

Former FCS Assistant Director **Karen Bruns** accepted a 25 percent appointment to lead the OSU CARES program. Karen's appointment began July 1 and her office is located in [003 Agricultural Administration Building](#).

## Ohio State Fair Fashion Revue

Volunteers are needed for the Ohio State Fair Fashion Revue, August 4-6, in Columbus at the Nationwide and Ohio Farm Bureau 4-H Center. Needed volunteers include: narrators, crowd control, individuals willing to direct traffic, etc. Contact Assistant Superintendent **Cindy Shuster** at [shuster.24@osu.edu](mailto:shuster.24@osu.edu) and state the day/date you are available and where you would like to assist. Lunch will be provided.

## FCS 2015 Call for Posters

Calling all FCS personnel, you are invited to submit a poster presentation for the October 13-14 *Family Consumer Sciences All Programs Conference* at the Ohio Union. Poster categories include program orientation and research. The conference theme is *Putting the Puzzle Together: Solidifying Our Purpose & Value for the Future*. The poster submission deadline is August 7 and details are available at [osu.az1.qualtrics.com](http://osu.az1.qualtrics.com).

## Insect Night

Insect Night is a free family event for insect lovers of all ages. Activities include the Bug Zoo, edible insects, insect games and contests, and a student-led night walk. Join the fun July 18 from 8 to 10:30 p.m. at OARDC's Secret Arboretum, 1680 Madison Ave., Wooster. Bring flashlight, socks for kids (for insect relay event) and a jar to collect critters. Contact **Denise Ellsworth** at [ellsworth.2@osu.edu](mailto:ellsworth.2@osu.edu) or call 330-263-3723. The rain date reschedules it to July 21.

## University Staff Appreciation Week

The Office of Human Resources has designated July 20-24 as Staff Appreciation Week. This special week is designed to recognize the thousands of Ohio State staff members for their valuable contributions to the successes of the university, its faculty, staff, students, alumni and other customers. Special campus-wide activities and events are planned during the week, including Crew SC and Columbus Clippers games, Ohio Stadium and Arboretum tours and special discounts. Employees are invited to the Oval for



free ice cream on Monday (7/20) 1-4 p.m. A brief program with President **Michael V. Drake** will begin at 1:20 p.m.

Visit [hr.osu.edu/special/staffweek](http://hr.osu.edu/special/staffweek)

### **Volunteers Needed**



Please consider volunteering to help in the [Universal Design](#) exhibit before or during the September 22-24 [Farm Science Review](#). Volunteers are needed to help tour visitors through the Universal Design exhibit from 9 a.m. to 4 p.m. The exhibit is located at the McCormick Building on Friday Avenue. Choose the day and hours (2, 4 or all day) that work best for you. To volunteer, contact FCS Educator **Kathy Green** (Clark County) at [green.1405@osu.edu](mailto:green.1405@osu.edu) or 937-521-3863. If you or a group from your county want to tour the exhibit in advance, contact Kathy to make arrangements for date/time/group size.

If you are not available to help during Farm Science Review, please consider one of these ways [you can help...](#)

### **Awards**

Congratulations to **Beth Scheckelhoff** (Henry County), **Michelle Moon** (Carroll County) and **Kathy Green**, (Clark County) who received CFAES SAC Staff Professional Development Awards. The awards, funded through support from donations from current and former employees, help supplement the costs associated with travel and fees for professional development opportunities for staff of the College of Food, Agricultural, and Environmental Sciences. Beth plans to attend the Produce Safety Alliance's Train-the-Trainer workshop, Michelle is going to the 2015 National Chi Epsilon Sigma/TERSSA Conference and Kathy will attend the National Extension Association of Family and Consumer Sciences Annual Conference.

### **CFAES SAC Awards**

You are encouraged to apply or nominate a colleague for one of the CFAES Staff Advisory Council awards. Categories include **Staff Professional Development Award**, **Shirley Brooks-Jones Citizenship Award** and the **Above and Beyond Award**. Details regarding the awards, including joining SAC, are available at [cfaes.osu.edu](http://cfaes.osu.edu).

## ***Personnel***

**New hires.** Program Assistant **Diana Goode**, SNAP-Ed Lorain County; Program Assistant **Margarita Lewis**, EFNEP Hamilton County; Program Specialist **Shawna Hite**, FCS Healthy People Program Specialist; Program Specialist **Amanda Woods**, FCS Healthy Finances Program Specialist.

**Position change.** SNAP-Ed Program Assistant **Elizabeth Varanese** recently accepted a new FCS position as SNAP-Ed southwest regional program specialist. She begins her new position August 10.

## ***Presentations***

County Extension Educator **Pat Holmes** (Montgomery County) participated in the June 24 Catholic Education Summit hosted by the University of Dayton. There were 125 participants from Ohio and several other states. Pat was one of four panelists during a session on Family Engagement. Pat and her team, **Katie Schroeder**, SNAP-Ed program assistant and **Betty Wingerter**, 4-H Youth Development educator and county director, were also provided vendor space to highlight OSU Extension programs in Montgomery County. Pat also facilitated a tabletop discussion group about working with Latino audiences.



## ***Training***

### **Sexual Harassment Policy**

The Office of Human Resources is hosting a Sexual Harassment Policy Basics workshop on July 29 that focuses on university policies and procedures related to sexual harassment. The training opportunity is open to all staff and faculty. The OHR offers a host of other free workshops from diversity to retirement choices. Details and registration is available at [hr.osu.edu/ole/HRStaffPD](http://hr.osu.edu/ole/HRStaffPD). For questions, contact [ohrc@hr.osu.edu](mailto:ohrc@hr.osu.edu) or 614-292-2800.

## ***Video Spotlight***

Union County educator and Healthy Relationships Program Specialist **Carmen Irving** provides tips couples can do to invest in their relationship. View this [video](#) and other OSU Extension videos at [youtube.com](http://youtube.com).



### ***Upcoming Events***

#### **Ohio State Fair**

July 29 - August 9, state fairgrounds

#### **Live Smart Ohio Blog Author Workshop**

September 15-16, Nationwide and Ohio Farm Bureau 4-H Center

#### **All FCS Annual Conference**

October 13-14, Ohio Union



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