

FAMILY AND CONSUMER SCIENCES

eCONNECTION

OHIO STATE UNIVERSITY EXTENSION

Cooperative Extension Celebrating 100 Years of Excellence

JANUARY 27, 2016

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During President **Michael Drake's** 2016 State of the University Address, he reflected on Ohio State's progress and shared what's next in the three areas of focus of his 2020 Vision -- access, affordability and excellence; community outreach; and diversity and inclusion. He also addressed food security, food deserts and much more. Read his 2020 vision at president.osu.edu

**Listeria Monocytogenes in Vegetable Production**

Assistant Professor **Sanja Ilic**, state specialist for food safety, is guest speaker for the spring OSUN Seminar Series. Her topic, *Listeria Monocytogenes in Vegetable Production*, will be presented on January 29 from 11:30 a.m. to 12:20 p.m. in 252

Campbell Hall.

OSU CARES Grants Deadline Approaching

The application deadline to apply for an OSU CARES grant is rapidly approaching. Grants, up to \$25,000 each, are available to help you partner across Ohio State to enhance your community programs. Proposals are due February 3.

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CONTACT US

eCONNECTION accepts news and events relevant to FCS. Publication dates are the second/third Wednesday of each month. The news submission deadline is the Monday before publication date. [Submit Info](#)

TIP OF THE DAY

Physical Activity at Home, Work, and Play. According to ChooseMyPlate, adding activity into your day is possible. Choose activities that you enjoy. Adults should aim for at least 2 1/2 hours or 150 minutes of physical activity each week. Every little bit adds up, and doing something is better than doing nothing. Most important -- have fun while being active! - See more at: choosemyplate.gov

Go to osucares.osu.edu for the RFP. For questions, contact **Karen Bruns** at bruns.1@osu.edu. To learn more, visit <https://oaa.osu.edu/ccgrants>

University Outreach and Engagement Recognition Awards Accepting Applications

The Offices of Outreach and Engagement, International Affairs, Service-Learning, Student Life and Undergraduate Education have joined together to recognize faculty, staff, students and community partners with the University Outreach and Engagement Recognition Awards program. Awards are given in the community engagement, international engagement, service-learning, staff, student, student group and community partner categories. A total of \$21,000 will be awarded. Applications are due February 16.

To submit an application: go.osu.edu/oeawards. Contact: 614-247-7795 or engage@osu.edu

Ohioline Upgrade

The newly redesigned Ohioline is now live at ohioline.osu.edu. The website is easier to search, more easily accessed on mobile devices and provides a better user experience for site visitors. According to Ryan Schmiesing, CFAES interim director of marketing and communications, during the upgrade, all fact sheets that were created during the last five years were added to the new site. To print a fact sheet, simply use the "Print" command in your browser to generate a printable version that is branded to OSU Extension. You may then either print the fact sheet or save it as a PDF.

This upgrade does not affected how **NEW** fact sheets are submitted, peer reviewed or created by personnel. FCS personnel should continue to follow department procedures. For questions, contact **Terri Fisher** (fisher.456) or **Richard Wofford** (wofford.1).

Sun Safety In-Service

Did you know that one in five Americans will develop skin cancer during their lifetime? Come learn how you can provide Sun Safety programming and Dermascan screenings to help your constituents reduce their risk of

having skin cancer. This In-service will feature a speaker providing an update on Sun Safety and Skin Cancer. Information on resources OSU Extension has about Sun Safety and Skin Cancer will be provided, along with a list of reliable websites. A panel of Extension Educators will provide programming ideas and helpful tips. Dermascan training will be available.

The Sun Safety In-Service is February 2 from 8:30 a.m. to 4 p.m. at the Waterman Farm, 2490 Carmack Rd, Columbus, OH 43210. The \$15 registration fee includes lunch -- <https://osu.az1.qualtrics.com> - and questions should go to **Pat Brinkman** (brinkman.93).

Aging In-Service

Consider attending the Healthy Relationships Aging In-Service workshop on February 15 at the 4-H Center. Featured presentations include Matter of Balance and Topics in Gerontology. It will also feature a round table discussion and training in aging smart and master of memory. The registration fee is \$15 and questions should go to **Kathy Green** ([green.1405](#)) or **Carmen Irving** ([irving.31](#)).

Central Ohio Switching to Mandatory 10-Digit Dialing January 30

Beginning January 30, all local calls made within the Ohio 614 area code must be placed using the 10-digit phone number (area code plus the seven digit phone number). The Public Utilities Commission of Ohio is adding an area code - - 380 -- requiring the 614 region to switch to 10-digit dialing. This change should ensure that a continuing supply of telephone numbers will be available. Checkout [PUCO area code overlay](#) for details or visit OCIO regarding [campus dialing](#). There is no change in dialing 5-digit on-campus numbers -- if you currently use only five digits to dial a number, such as 8-5378, you will continue to use only five digits to dial these numbers.

FCS Healthy Team News

Healthy People Update

- SAVE THE DATE: Healthy People In-Service Days

will be on April 19-20, 2016. April 19th will feature trainings in Live Healthy Live Well, Million Hearts, and Communication. April 20th will feature trainings in Dining with Diabetes, Food Preservation, and Program Evaluation. Registration will open in March.

- 2015 RiV Templates have been created for the following Healthy People Programs: Dining with Diabetes, Sun Safety, Million Hearts, Food Preservation, & Food Safety. To access these templates visit: <https://go.osu.edu/2015RiVTemplates>
- The 2016 Healthy People Team Meetings are currently being scheduled for Spring and Fall of this year. If you are a part of the Healthy People Team or are interested in joining the meetings, don't forget to complete your availability on the doodle polls to help choose convenient dates:
 - go.osu.edu/SpringMeeting
 - go.osu.edu/FallMeeting

Healthy Finance Update

- Help promote Ohio Saves, a beneficial initiative that encourages Ohioans to adopt a savings based outlook on their financial lives, and aims to increase financial stability across the state. America Saves Week is February 22-27 and will focus on promoting saving during tax time americasavesweek.org. Contact **Amanda Woods** (woods.485) for details on how you can encourage people in your community to be a part of this valuable program, and receive some free stuff, too.

Healthy Relationships Update

- Contact **Jamari White** (white.1475) for more information.

In the News

Carolyn Gunther, state specialist for community nutrition education, was quoted in [CFAES Chow Line: New Dietary Guidelines Target Added Sugars](#) (January 22, 2016).

Irene Hatsu, state specialist for food security, was quoted in [CFAES Chow Line: Cruciferous Vegetables Packed with](#)

Nutrients (January 15, 2015).

Sanja Ilic, state specialist for food safety, was quoted in [CFAES Chow Line](#): *Think Long, Hard Before Choosing Raw Milk* (January 8, 2016).

Personnel

New hires. **Tammy Glover**, SNAP-Ed program assistant, Geauga County; **Jessica Lowe**, SNAP-Ed program assistant, Pickaway County; **Stephanie Sommers**, EFNEP program assistant, Montgomery County; **Jamari White**, Healthy Relationships program specialist, Campbell Hall.

Awards and Recognition

Korrin Vanderhoof, EFNEP research associate, received a letter of thanks for her service on the Expanded Food and Nutrition Education Program's (EFNEP) Web-based Nutrition Education Evaluation and Reporting System (WebNEERS). She also served as team lead for the training subgroup.



Video Spotlight

OSU South Centers Director **Tom Worley** chats with OSU President **Michael Drake** regarding Ohio State's Land Grant Mission and what it means to residents of southern Ohio. View this [video](#) or search for others at [youtube.com](https://www.youtube.com)

Upcoming Events

FCS in-service training sessions:

- February 2 - Sun Safety, 10 a.m. to 3 p.m., Waterman Farms Wittmeyer Conference Room
- February 15 - Aging, 9 a.m. to 4 p.m. at 4-H Center Gehres Room
- April 19-20 - Healthy People, details TBD

EHE's Office of Diversity and Inclusion Lecture

- February 3, 5 p.m. - Professor Crystal Laura, Chicago State University, "Teaching for Love, Toward Justice, with Joy: A Meditation on Intimate Educational Work"

talk at Ramseyer Hall College Commons (#260).
RSVP: [https://osu.az1.qualtrics.com/SE/?
SID=SV_dm76oEWzxibVICp](https://osu.az1.qualtrics.com/SE/?SID=SV_dm76oEWzxibVICp)



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Contact: FCS | eCONNECTION Published by Family and Consumer Sciences

