

## Family and Consumer Sciences e-Connection – February 2014

Dear Colleagues:

*“We work as a TEAM to provide the HIGHEST QUALITY PROGRAMS that are ROOTED IN RESEARCH and as a result SUBSTANTIALLY IMPACT OHIOANS”*

*Karen Bruns, PhD*

Ohio State University Extension  
Assistant Director, Family and Consumer Sciences  
Leader, OSU CARES  
[bruns.1@osu.edu](mailto:bruns.1@osu.edu)  
(614) 292-9613

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### PERSONNEL UPDATES

We'd like to welcome FCS Educator Joanna Rini [rini.41@osu.edu](mailto:rini.41@osu.edu) to the team in Medina County along with Suad Hirsi [hirsi.4@osu.edu](mailto:hirsi.4@osu.edu) to EFNEP in Franklin County.

### KUDOS

Congrats to **Carolyn Gunther**, for receiving the Award for Excellence in Reviewing from the Journal of Nutrition Education and Behavior. She was selected from over 800 reviewers based on dedication to reviewing for JNEB and the quality of her reviews.

Kudos also go out to **James S. Bates**, who was awarded the Best New Professional Research Article Award by the Men in Families Focus Group, Research and Theory Section at the annual conference of the National Council on Family Relations in San Antonio, Texas in November, 2013. He co-authored the article with Alan C. Taylor (of East Carolina University) which was entitled “Grandfather involvement and aging men’s mental health,” published in 2012 in the *American Journal of Men’s Health*. Read the article at:

<http://jmh.sagepub.com/content/6/3/229.abstract>

Congratulations to **Shari Gallup**, recipient of a \$10,000 grant from Licking County Senior Levy to teach diabetes education in the county.

Kudos to **Kristen Corry**, who, as part of Noble County Extension, received a \$250 grant from the Noble County Community Foundation to purchase signage and incentives for a fitness trail focusing on health and wellness and local food to be conducted during the 2014 Noble County Fair.

## **STATEWIDE COMMITTEE MEMBERSHIPS**

Many of our statewide team members are serving on state level committees. Through these roles they are sharing their expertise and that of Extension. They are making connections that can help us strengthen programming. Please see the attached document for details concerning the committees on which they serve. If you are serving on a statewide committee, please share that information with Amanda Rysz at [rysz.4@osu.edu](mailto:rysz.4@osu.edu) so it can be added to the list. It is important for Extension "to be at the table" if we are to better serve Ohioans.

## **FCS ONLINE RESOURCES NOW UPDATED**

We have been working on getting the online FCS Resources page updated in order to help make important documents easier to locate. Under the "For FCS Extension Professionals" page, you can find information for marketing, blog links, FCS templates, public value, and more.

## **2014 SIGNATURE PROGRAM GUIDELINES AVAILABLE ONLINE**

Guidelines for 2014 Signature Programs are now available on the [Extension website](#).

Those involved with programming which meets the expectations of the signature program criteria (refer to guidelines), must discuss their potential signature program with the appropriate Assistant Director(s) and/or the Associate Director, Programs by **April 1**. Download and complete the "Signature Program Logic Model Worksheet" outlining/identifying program goals and objectives, inputs, outputs, and outcomes (<http://go.osu.edu/SPImw>) to use as the basis for your discussions. You will be directed to upload this completed logic model worksheet pdf with your online proposal.

Following the discussions with the Assistant Director(s) and/or the Associate Director, Programs, the completed proposal should be submitted online at the signature program online RFP site (<http://go.osu.edu/SPrfp>) by **May 1**. The submitted proposals will be forwarded to Administrative Cabinet and to the Signature Program proposal review committee for review.

## **SNAP-Ed/EFNEP PROFESSIONAL DEVELOPMENT WEBINARS**

This year there will be additional professional development opportunities in the form of webinars, offered on the dates below to anyone who would like to participate. All opportunities will be offered through CarmenConnect and will be recorded for later viewing. Each webinar will have a pre and posttest that can be accessed through CarmenConnect as well.

- Dietary Guidelines for Youth (Pat Bebo, **April 28th** at 8:30am)
- Impacting behavior change (Liz Smith, Elizabeth Varanese, and Cheryl Lyte - **June 30th** at 8:30am)
- Understanding the Impact of Youth Targeted Food Marketing (Bridgette Kidd -**August 25th** at 3:30pm)

## **OHIO FATHERHOOD SUMMIT: REQUEST FOR WORKSHOP PROPOSALS**

The Ohio Commission on Fatherhood (OCF) and the Ohio Practitioners' Network for Fathers and Families (OPNFF) are pleased to announce a conference for fatherhood and family-service practitioners, county and state agency staff and members of the fatherhood community. The Ohio Fatherhood Summit will be held on May 21 and 22, 2014 in Columbus, Ohio at a location to be announced. Registration, agenda and location details will follow soon. The Summit will be FREE for all participants.

OCF and OPNFF are requesting proposals for workshops to be conducted on Thursday, May 22, 2014.

Proposals are invited for five content areas:

1. Recruitment and Retention;
2. Incarcerated Dads;
3. Community Mobilization (\*Applicant must have completed OCF community mobilization training)
4. Custody, Parenting Time and Co-Parenting;
5. The Father-Child Relationship.

Click [here](#) to download a Request for Workshop Proposals form from the OPNFF website. **Proposals are due by 5 pm on April 4, 2014.** Please submit electronically to: [info@ohiofathers.org](mailto:info@ohiofathers.org)

### **APPLY FOR RESPONSIBLE FATHERHOOD MONTH FUNDING**

Your organization could be eligible for up to \$2,500 in [Responsible Fatherhood Month](#) funding! The Ohio Commission on Fatherhood will fund 30-days of high-visibility fatherhood celebrations and responsible fatherhood campaigns throughout Ohio during the month of June. In partnership with community-based agencies and organizations, these celebrations will reach into urban, suburban and rural areas. You can apply for \$1,000, \$1,500 or \$2,500, to be spent between June 1 and June 30, 2014. This is a one-time grant funding opportunity, and there are only two weeks left to apply! Applications are due by 5pm on **Friday, March 14**. For more information, email [fathers@jfs.ohio.gov](mailto:fathers@jfs.ohio.gov) or visit [www.fatherhood.ohio.gov](http://www.fatherhood.ohio.gov).

### **CALL FOR PROPOSALS FOR 2014 JOURNAL OF PUBLIC SCHOLARSHIP IN HIGHER EDUCATION**

The Journal of Public Scholarship in Higher Education aims to advance the status and prospects for publicly engaged teaching and research in the academy by showcasing the new disciplinary and/or pedagogical knowledge generated by engagement with the community. JPSHE provides a venue for higher education faculty and administrative leadership to reflect on the ways that community engagement affects work in higher education – and its outcomes for broad issues such as classroom teaching, the advancement of research and knowledge creation across the disciplines, faculty development, tenure and promotion processes, the preparation of graduate students, etc. JPSHE welcomes diverse manuscripts, from empirically-based examinations to critical reflection pieces, theoretical investigations, commentaries, case studies, and pedagogical and research designs. All submissions must identify implications for the growth and viability of public scholarship in the academy.

JPSHE accepts submissions that are between 15 and 20 double-spaced pages in length, excluding abstract, references, and appendices. Manuscripts must conform to the standards set forth in the 6th edition of the Publication Manual of the American Psychological Association, including a brief abstract of no more than 150 words. Manuscripts submitted should not be under consideration by another publication.

Authors are asked to submit a blind copy of the manuscript, along with a separate file containing contact information for all authors (title, institutional affiliation, address, telephone number, email, and brief author biographies) [psj@missouristate.edu](mailto:psj@missouristate.edu) by **March 15, 2014**, for consideration in the 2014 volume. Authors will receive confirmation of received manuscripts within five business days. For more information, [Click Here](#).

### **NORTH CENTRAL LEADERSHIP CONFERENCE REGISTRATION OPEN**

Registration is now open for the North Central Leadership Conference to be held April 28-30, 2014 in Omaha, Nebraska. The registration deadline is **April 6**.

The theme of the conference is “Next Generation Leadership: Pathways Towards Our Future.” North Central region Extension professionals have the opportunity to refine their leadership skills, share best practices, and build networks with our colleagues. OSU Extension professionals are encouraged to attend the conference.

*OSU Extension is pleased to be able to offer 10 \$500 scholarships to support OSU Extension professionals' participation in the conference. The Gist Chair in Extension Education and Leadership is sponsoring five of the*

*scholarships for any OSU Extension employee, and the Ohio Joint Council of Extension Professionals/Ohio Alpha Eta Chapter of Epsilon Sigma Phi is sponsoring five of the scholarships for any Ohio JCEP/ESP member. The scholarships are available on a first come, first-served basis. As soon as the 10 scholarships have been awarded to attendees, the OSUE system will be notified that the scholarships are no longer available.*

**Process** – register for the conference online using your own chart field, and the scholarship funding will be transferred by the Business Office after you have attended the conference and submitted your expense report for the conference. When you register for the conference, also send an e-mail to Amy Fovargue ([fovargue.1@osu.edu](mailto:fovargue.1@osu.edu)) with your chart field information and T number (if available), so we can track how many scholarships are being used. Please mention “**North Central Leadership Conference**” in the subject of your e-mail.

## **5TH OVIFT SYMPOSIUM**

The 5<sup>th</sup> Ohio Valley Institute of Food Technologists (OVIFT) Symposium is Monday, March 17 from 9:00 AM – 4:30 PM at the Nationwide and Farm Bureau 4-H Center. The topic is "Trends in Food: Novel Technologies for Safe and High Quality Foods."

### **Speakers Include:**

- Matt Beam, Manager Process Engineering & Technology, Wornick Foods
- John Reitzel, Senior Scientist Process Authority
- Dave Peltier, Director International Business Development, Avure Technologies
- Dr. V.M. Balasubramaniam, Professor, The Ohio State University
- Dr. Sudhir Sastry, FABE, The Ohio State University

Registration: Register by **March 12<sup>th</sup>** at [www.OVIFT.org](http://www.OVIFT.org)

## **FINANCIAL LITERACY AND EDUCATION COMMISSION CALL FOR PAPERS**

In a partnership with the FLEC, the Journal of Consumer Affairs is calling for papers to help promote financial literacy and education for all Americans. As the promotion of high-quality academic research is an important component of effective financial education and interventions, the Journal of Consumer Affairs and the FLEC invite submissions for a special issue: “Starting Early for Financial Success: Capability into Action.” Papers are sought that rigorously explore the connection between financial education and capability interventions, and measurable changes in financial behavior and outcomes. While FLEC is particularly interested in research related to children and young adults, we also welcome research submissions focused on adults, as long as they have implications for effective approaches to developing financial capability early in life.

Additional details can be found and are attached [here](#). The submission deadline is **March 16**, 2014.

## **THREE MAJOR SHIFTS IN HOUSEHOLD FOOD PURCHASES**

According to a new study published in the American Journal of Clinical Nutrition, there have been three major shifts in household food purchases from 2003-2011.

1. Households with children reduced their calories most
2. Beverage calories declined more than foods
3. Racial, ethnic, and socioeconomic disparities are evident in the trends

To read the full article, visit the [ConscienHealth blog](#).

## **VOICES FOR HEALTHY KIDS GRANT OPPORTUNITIES**

The American Heart Association and the Robert Wood Johnson Foundation have joined forces to launch [Voices for Healthy Kids](#). Through this collaboration, and in partnership with a team of experts across the childhood obesity movement, the initiative aims to engage, organize and mobilize people to improve the health of their communities and reverse the childhood obesity epidemic. Voices for Healthy Kids will advance coordinated state, local and tribal public policy issue advocacy campaigns focused on childhood obesity priorities, and will utilize the American Heart Association’s proven advocacy capacity to drive meaningful and widespread policy change that will support the reversal of the childhood obesity epidemic.

To view details and apply, please visit their [resources](#) page.

## **LEADERSHIP MOMENTS: NO MATTER WHAT**

From: Cottrell, D. (2013). Tuesday Morning Coaching. New York: McGraw-Hill.

- My problems are not unique to me, so there is no reason to be embarrassed or to dwell on where I am.
- Long-term success is not the result of one defining change,. It comes from developing the habit of embracing several small, simple truths of success.
- I begin growing when I accept the truth about my situation.
- No Matter What means that regardless of what is going on around me, I will accept responsibility and take control. There is always something that can be done and something that I can do.
- I have power over where I focus...that is a choice I make.
- I am in the driver's seat when it comes to my career and my life (Cottrell, p. 25).

*Tuesday Morning Coaching* is available from the OSU Leadership Center. [Click here to borrow this resource](#) or any other resource. Once you are on our website, click on the Spectrum icon.

Learn how the Ohio State University Leadership Center is inspiring others to take a leadership role that empowers the world at <http://leadershipcenter.osu.edu>

## **DATES TO REMEMBER**

- March 7                      Appalachian Health Summit
- March 18                     Monthly FCS Call
- March 18                     2014 Ohio Summer Food Service Program Summit
- April 7                        Monthly FCS Call

## **UPCOMING NATIONAL CONFERENCES**

- April 15-18                 National Farm to Cafeteria Conference, Austin, TX
- April 28-30                North Central Leadership Conference, Omaha, NE
- May 4-7                     National Urban Extension Conference, Atlanta, GA
- June 26-30                Groves Conference on Marriage and Family, State College, PA

## **HELPFUL LINKS**

- Extension Family and Consumer Sciences - <http://fcs.osu.edu/>
- OSUE FCS Facebook Page - <https://www.facebook.com/osuefcs>
- Community Nutrition Programs (EFNEP & FNP) - <http://fnp.osu.edu/> and <http://efnep.osu.edu>
- Occasional Quantity Cook - <http://www.ag.ohio-state.edu/~oqc/>
- Universal Design - <http://ehe.osu.edu/ud/>
- Extension Intranet Calendar - <http://extensionstaff.osu.edu/events>
- OSU Extension Communiqué - <http://extensionstaff.osu.edu/communique>
- Extension Policy & Procedure Handbook - <http://extensionstaff.osu.edu/policy-and-procedures-handbook>
- eXtension - <http://www.extension.org/>
- Dining with Diabetes – <http://diabetes.osu.edu>
- NewStart – <http://newstart.osu.edu>
- Real Money, Real World - <http://realmoneyrealworld.osu.edu/>

## **Marketing**

- Communication & Technology - <http://commtech.ag.ohio-state.edu/>
- Templates - <http://commtech.ag.ohio-state.edu/resources>

## **OSU Resources**

- OSU Library - <http://library.osu.edu/>

- IRB - <http://orpp.osu.edu/irb/about/>
- OSU CARES - <http://osucares.osu.edu/>

### **Professional Associations**

- American Association of Family & Consumer Sciences - <http://www.aafcs.org/>
- National Council on Aging - <http://www.ncoa.org/>
- National Council on Family Relations - <http://www.ncfr.org>
- National Extension Association of Family & Consumer Sciences - <http://www.neafcs.org>
- ESP - <http://www.espnational.org/>
- OAEP - <http://oeaa.osu.edu/>

### **Journals**

- Journal of Extension - <http://www.joe.org/>
- The Forum for Family and Consumer Issues - <http://ncsu.edu/ffci/>

### **Blogs**

- Eat, Save and Be Healthy - <http://osufcs.wordpress.com/>
- Safe Food Handling & Preservation - <http://safefoodforyourfamily.wordpress.com/>
- Live Healthy, Live Well - <http://livehealthyosu.com/>

### **Other**

- CYFERnet (Children, Youth, Family Educational Resource Network) - <http://www.cyfernet.org/>
- MyMoney.gov - [www.mymoney.gov](http://www.mymoney.gov)
- National Collaborative on Childhood Obesity Research - <http://www.nccor.org/>



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College of Education and Human Ecology  
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