

FAMILY AND CONSUMER SCIENCES

**e**CONNECTION

OHIO STATE UNIVERSITY EXTENSION

*Cooperative Extension Celebrating 100 Years of Excellence*

FEBRUARY 2016

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Interim CFAES Dean **Ron Hendrick** was selected as the next dean at Michigan State University's College of Agriculture and Natural Resources. His appointment is effective July 1. Ron, an MSU alumnus, has served CFAES in a variety of roles since 2013. [Read more ...](#)

**Regulatory Pass-through in the UK Banking Industry**

Assistant Professor **Lauren Jones**, state specialist in consumer policy, is guest speaker for the Consumer Sciences Seminar Series. Her topic, Regulatory Pass-through in the UK Banking Industry, will be presented on March 4 from 1-2:30 p.m. in 241 Campbell Hall.

**Extension Director's Blog**

Associate Dean and Director **Roger Rennekamp** shared *Conspectus*, a new blog developed to inspire innovation within OSU Extension. His goal with the blog is to keep the spirit of the Vice President's Conversation on the Future of Extension alive by challenging extension employees to **Discover**, **Dig Deeper**, and **Discuss**. Your comments are welcome and encouraged. Check it out at [u.osu.edu/conspectus](http://u.osu.edu/conspectus)



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## CONTACT US

eCONNECTION accepts news and events relevant to FCS. Publication dates are the second/third Wednesday of each month. The news submission deadline is the Monday before publication date. [Submit Info](#)

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## TIP OF THE DAY

**Price protection.** Did you know that many credit card companies offer price protection? American Express, Chase, Citi, Discover, MasterCard and VISA, among others, will refund the difference if you find a lower advertised price on the exact item within 60 days. The item must be purchased using the credit card. Check your policy for details.

## Campus Campaign Starts Now

The Campus Campaign, which runs through April 30, is the annual fundraising effort for faculty and staff at Ohio State. The theme for 2016 is Connecting the Dots. As in the past, gifts to the Campus Campaign may be given to any university program you wish. If you want to designate your gift to benefit projects at FCS, select any of these options: **FCS Extension Support Fund # 313876** or **Family and Consumer Sciences Education Program Fund # 642100.**

[Learn more](#) about Ohio State's Campus Campaign.

## Program Spotlight

Mahoning County Educator **Beth Stefura** was featured in the Vindicator newspaper regarding her work on the IGNITE grant in Youngstown during REC parent teacher conferences. The feature, Cooking for the Health of it, was a positive spotlight for the community. See [vindy.com](#)

## Pull-up Displays Available

FCS has three branded pull-up retractable banners available for department personnel to use. They are versatile, durable and lightweight, making it easy to transport and set-up. All banners are 34" x 78" when set up. The retractable banners easily roll into their base and fit into a carrying bag that is 3' long and weighs approximately 10 pounds. Pull-up banners are for indoor use and may be borrowed free of cost.

Contact **Marcy Payne-Lavigne** at *payne-lavigne.1@osu.edu* to [reserve a display](#).

## Signature Program Proposals

Considering submitting a signature program proposal? Extension A&P educators and faculty must first discuss it with their assistant director or the associate director, programs, during March and *submit a Logic Model Worksheet by April 1*. The Logic Model Worksheet form is available at [go.osu.edu/SPImw](http://go.osu.edu/SPImw). Following your discussion with the assistant director(s) / associate director, programs, completed proposal must be submitted by May 1 at



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[go.osu.edu/SPrfp](http://go.osu.edu/SPrfp).

**Ken Martin**, CFAES chair and associate director, programs, noted that submitted proposals are forwarded to Administrative Cabinet and to the Signature Program proposal review committee. Visit [go.osu.edu/SPguidelines](http://go.osu.edu/SPguidelines) to view Signature Program guidelines.

### **Lauren Jones Assists Healthy Finances**

State Specialist and Assistant Professor **Lauren Jones** is working with the Healthy Finances team mainly on household financing decisions that can improve the lives of low-income families and children. She will hold monthly reading group call-ins



during March, April and May for educators interested in financial issues. Each month, participants will pick a financial issue that is relevant and important for Ohioans. The readings are from 3-3:30 p.m. on March 21, April 19 and May 16. Details will be sent a week in advance to requested participants. For questions or to participate, contact Lauren at [jones.2846@osu.edu](mailto:jones.2846@osu.edu)

### ***FCS Healthy Team News***

#### **Healthy People Update**

- Healthy People In-Service Days are April 19-20 at the Ag Admin. auditorium. April 19 will feature trainings in Live Healthy Live Well, Million Hearts and communication. April 20 will feature trainings in Dining with Diabetes, food preservation and program evaluation. Registration is now open at [go.osu.edu/fcs\\_training](http://go.osu.edu/fcs_training).
- The Healthy People team meetings are now scheduled. The spring conference call is May 3 from 2-4 p.m. The fall in-person meeting is October 20 from 10 a.m. to 3:30 p.m. at the Nationwide and Ohio Farm Bureau 4-H Center. If you have any conference questions, contact **Shawna Hite** at [hite.143@osu.edu](mailto:hite.143@osu.edu)
- In March, the Ohio Department of Health is changing their food safety training requirements. All restaurants and businesses which hot-hold food or prepare food in-house will be required to have at least one staff

certified in Manager Level Food Safety Training. Due to this change, *County Extension Offices should expect increases in inquiries from community members regarding ODH requirements & ServSafe class offerings.* For information on becoming ServSafe certified, contact **Kate Shumaker** at [Shumaker.68@osu.edu](mailto:Shumaker.68@osu.edu)

- There is a new opportunity for state-level nutrition curriculum development! A team of FCS professionals are working to update and expand the target audience of Operation MP3. These former materials used to educate military families on nutrition, meal planning, and cooking are being updated for the current 2015-2020 Dietary Guidelines and made applicable to all Ohio families. *This is an excellent opportunity to help create curriculum, handouts, power points, and videos focused on nutrition.* To learn more about joining the team, contact **Shawna Hite** at [hite.143@osu.edu](mailto:hite.143@osu.edu)

### **Healthy Finance Update**

- Contact **Amanda Woods** (woods.485) for details on how you can encourage people in your community to be a part of the Ohio Saves campaign.

### **Healthy Relationships Update**

- Contact **Jamari White** (white.1475) for more information.

### ***In the News***

#### **Presentations**

Montgomery County Extension Educator **Pat Holmes** and Healthy People Program Specialist **Shawna Hite** will present a breakout session, Using New Collaborations and Communication Mediums to Develop Childhood Nutrition Education, on March 18 during the [Ohio Association of Family and Consumer Sciences Annual Conference](#) in Dublin. The presentation will highlight the process used and lessons learned from development of the *Smart Eating for Young Children* digital book.



Hardin County Extension Educator **Jami Dellifield** will be presenting with Amanda Rains (4-H PA, Hardin County) and Katie Feldhues (4-H Educator, Ross County) on Mental Health -- Accommodating, Assisting and Educating our Clientele at [eXtension NeXC2016](#) conference in San Antonio.

### **Publications**

**Irene Hatsu**, state specialist for food security, was quoted in [CFAES Chow Line](#): *Added Sugar in Yogurt can be Hard to Identify* (February 26, 2016).

**Sanja Ilic**, state specialist for food safety, was quoted in [CFAES Chow Line](#): *Be Aware of Risks of Growing, Eating Sprouts* (February 19, 2016).

**Lauren Jones**, state specialist in consumer policy, and **Amanda Woods**, Healthy Finances program specialist, were quoted in [CFAES Chow Line](#): *Use Your Tax Refund to Pay Off Debt and Save* (February 24, 2016).

**Dan Remley**, field specialist for family nutrition and wellness, was quoted in [CFAES Chow Line](#): *Just What the Doctor Ordered* (February 5, 2016).

**Carol Smathers**, field specialist for youth nutrition and wellness, was quoted in [CFAES Chow Line](#): *Exercise Important, but Calories Count More* (January 29, 2016).

### **Personnel**

**New hires.** **Rugena Modisett**, EFNEP program assistant, Lucas County.

### **Video Spotlight**

Revisiting OSU Extension Director **Roger Rennekamp's** remarks during the 2015 Extension Annual Conference. View this [video](#) or search for others at [youtube.com](#)

### **Upcoming Events**

#### **eXtension NeXC2016 Conference**

- March 22-25, San Antonio, TX. Retired Ohio State Cooperative Extension Director Keith Smith is a

featured speaker. RSVP:

[muconf.missouri.edu/nexc2016](http://muconf.missouri.edu/nexc2016)

### **Introduction to Entomophagy**

- April 8, 4-H Center, RSVP: [go.osu.edu/eatbugs2016](http://go.osu.edu/eatbugs2016)

### **FCS Healthy People In-service Training**

- April 19-20, 9 a.m. to 4:30 p.m., Ag Admin. Auditorium, RSVP: [go.osu.edu/fcs\\_training](http://go.osu.edu/fcs_training)



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