



THE OHIO STATE UNIVERSITY

COLLEGE OF FOOD, AGRICULTURAL,
AND ENVIRONMENTAL SCIENCES

Teaching Techniques For Teens and Adults

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Student Learners

Eight conditions for learning

- ❖ Feels okay...rested, food, no distractions
- ❖ It matters...relevant, real world
- ❖ It's active...hands on activity
- ❖ It stretches the brain...difficult but not overwhelming
- ❖ Have a coach...access to help, guided practice
- ❖ Have to use it...use it or lose it
- ❖ Think back on it...reflect what was learned
- ❖ Plan next steps... how will it be used?





Adult Learners

5 Principles for Teaching Adults

- ❖ Make sure they understand "WHY"
- ❖ Know their learning styles
- ❖ Allow them to experience what they are learning
- ❖ They must be ready to learn
- ❖ Be positive and encouraging to them, but not condescending





Learning Styles

Visual

Auditory

Kinesthetic (Tactile)





Visual Learner Characteristics

- ❖ Learn best by seeing
- ❖ Prefer watching demonstrations
- ❖ Remember faces but forgets names
- ❖ Writes things down and takes detailed notes
- ❖ Looks around and studies their environment
- ❖ Become impatient when extensive listening is involved
- ❖ Learn best by studying alone





Auditory Learner Characteristics

- ❖ Learn best by hearing or listening
- ❖ Prefer to talk about situations
- ❖ Express emotions verbally
- ❖ Enjoys listening but cannot wait to talk
- ❖ Learns best through verbal instructions
- ❖ Remember auditory repetition
- ❖ Studies well with a friend





Kinesthetic Learner Characteristics

- ❖ Learn best by doing
- ❖ Direct involvement needed in learning
- ❖ Fidget when reading and they are not avid readers
- ❖ Easily distracted when not able to move
- ❖ Finds reasons to move
- ❖ Express emotions by physically jumping and gesturing
- ❖ Needs frequent breaks when studying





ACTIVITY Part 1

- ❖ Group together based on common learning styles.
- ❖ Create a list of your favorite activities to do in a lesson based on your learning style.
- ❖ As a group, share 1 or 2 ideas with everyone.



ACTIVITY Part 2

- ❖ Break into mixed groups which includes each learning style.
- ❖ Pick a common lesson between your group members.
- ❖ Create a list of activities to implement into the lesson using all learning styles.



Collect Group Papers

Today's summary will be emailed to you after conference.



Questions?



References

Peterson, Deb, 5 Principles for the Teacher of Adults; 2017

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Turner, Janice and Hope, Karen, , *Learning Style (auditory, visual & kinesthetic) & Dyslexics;*

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