



OHIO STATE UNIVERSITY EXTENSION



DINING WITH DIABETES

Beyond The Kitchen

Join OSU Extension, Family & Consumer Science's free, online class! This class features interactive power points, videos, discussion forums, and trusted resources all designed to provide you with the knowledge and skills to successfully manage diabetes!



THE OHIO STATE UNIVERSITY

COLLEGE OF FOOD, AGRICULTURAL,
AND ENVIRONMENTAL SCIENCES



OHIO STATE UNIVERSITY EXTENSION



DINING WITH DIABETES

Beyond The Kitchen

Join OSU Extension, Family & Consumer Science's free, online class! This class features interactive power points, videos, discussion forums, and trusted resources all designed to provide you with the knowledge and skills to successfully manage diabetes!



THE OHIO STATE UNIVERSITY

COLLEGE OF FOOD, AGRICULTURAL,
AND ENVIRONMENTAL SCIENCES



OHIO STATE UNIVERSITY EXTENSION

Dining with Diabetes, Beyond the Kitchen

Complete the course & be entered into a quarterly drawing for a \$100 Amazon gift card!

The Course Includes:

- Interactive presentations
- Videos
- Fact sheets & resources
- Short surveys to test knowledge
- Forums to share ideas & questions
- Opportunities to speak with OSU Extension professionals
- Access to trusted websites & apps

Sign up is easy and free: Visit

go.osu.edu/dwd-btk.

If you don't already have one, you will need to create an account with *CFAES Canvas* to access the course materials.



THE OHIO STATE UNIVERSITY

COLLEGE OF FOOD, AGRICULTURAL,
AND ENVIRONMENTAL SCIENCES

fcs.osu.edu



OHIO STATE UNIVERSITY EXTENSION

Dining with Diabetes, Beyond the Kitchen

Complete the course & be entered into a quarterly drawing for a \$100 Amazon gift card!

The Course Includes:

- Interactive presentations
- Videos
- Fact sheets & resources
- Short surveys to test knowledge
- Forums to share ideas & questions
- Opportunities to speak with OSU Extension professionals
- Access to trusted websites & apps

Sign up is easy and free: Visit go.osu.edu/dwd-btk.

If you don't already have one, you will need to create an account with *CFAES Canvas* to access the course materials.



THE OHIO STATE UNIVERSITY
COLLEGE OF FOOD, AGRICULTURAL,
AND ENVIRONMENTAL SCIENCES

fcs.osu.edu