



OHIO STATE UNIVERSITY EXTENSION



# **DINING WITH DIABETES**

## *Beyond The Kitchen*

Join OSU Extension, Family & Consumer Science's free, online class! This class features interactive power points, videos, discussion forums, and trusted resources all designed to provide you with the knowledge and skills to successfully manage diabetes!



THE OHIO STATE UNIVERSITY

COLLEGE OF FOOD, AGRICULTURAL,  
AND ENVIRONMENTAL SCIENCES



OHIO STATE UNIVERSITY EXTENSION



# **DINING WITH DIABETES**

## *Beyond The Kitchen*

Join OSU Extension, Family & Consumer Science's free, online class! This class features interactive power points, videos, discussion forums, and trusted resources all designed to provide you with the knowledge and skills to successfully manage diabetes!



THE OHIO STATE UNIVERSITY

COLLEGE OF FOOD, AGRICULTURAL,  
AND ENVIRONMENTAL SCIENCES



## OHIO STATE UNIVERSITY EXTENSION

### *Dining with Diabetes, Beyond the Kitchen*

Complete the course & be entered into a quarterly drawing for a \$100 Amazon gift card!

#### **The Course Includes:**

- Interactive presentations
- Videos
- Fact sheets & resources
- Short surveys to test knowledge
- Forums to share ideas & questions
- Opportunities to speak with OSU Extension professionals
- Access to trusted websites & apps



**Sign up is easy and free:** Visit [go.osu.edu/dwd-btk](https://go.osu.edu/dwd-btk). You will need to create a free account with CFAES Canvas to take advantage of the materials.



THE OHIO STATE UNIVERSITY  
COLLEGE OF FOOD, AGRICULTURAL,  
AND ENVIRONMENTAL SCIENCES

[fcs.osu.edu](https://fcs.osu.edu)



## OHIO STATE UNIVERSITY EXTENSION

### *Dining with Diabetes, Beyond the Kitchen*

Complete the course & be entered into a quarterly drawing for a \$100 Amazon gift card!

#### **The Course Includes:**

- Interactive presentations
- Videos
- Fact sheets & resources
- Short surveys to test knowledge
- Forums to share ideas & questions
- Opportunities to speak with OSU Extension professionals
- Access to trusted websites & apps



**Sign up is easy and free:** Visit [go.osu.edu/dwd-btk](https://go.osu.edu/dwd-btk). You will need to create a free account with CFAES Canvas to take advantage of the materials.



THE OHIO STATE UNIVERSITY  
COLLEGE OF FOOD, AGRICULTURAL,  
AND ENVIRONMENTAL SCIENCES

[fcs.osu.edu](https://fcs.osu.edu)