



FCS Extension Professionals:

May 6, 2005

Ohio Action for Healthy Kids (OAFHK) is a partnership of more than 25 state education, health, nutrition and fitness organizations who are addressing the school's role in providing a healthy learning environment for children. Our goals are to assist schools in the following areas: improving school breakfast participation, ensuring healthy snacks and foods are available in all school venues, providing adequate physical activity programs and providing assistance with the creation of effective school wellness policies.

In response to the 2004 Child Nutrition Re-Authorization Act\*, OAFHK wants to be a resource to schools as they assess their current health environment, research successful wellness policies and create and implement wellness councils and policies into their own districts.

Quality resources for sample school wellness policies are available through:

- **National Alliance for Nutrition and Activity** – a comprehensive toolkit designed to provide guidance and sample policies to schools. This resource is available at [www.schoolwellnesspolicies.org/](http://www.schoolwellnesspolicies.org/)
- **USDA's Team Nutrition Web-site** – has information and sample policies to guide a school through this process. <http://www.fns.usda.gov/tn/Healthy/wellnesspolicy.html>
- **School Nutrition Association** - formerly American School Food Service Association – has local wellness policy guidelines, seminars, sample policies, and other resources. <http://www.schoolnutrition.org/Index.aspx?id=1075>

OAFHK is continuing to develop collaborative efforts with our member organizations to provide effective resources and trainings for schools to develop wellness councils and policies. As training dates, resources and sample policies become available, we will post all of these items on our web-site. [www.childrenshungeralliance.org/AFHK/](http://www.childrenshungeralliance.org/AFHK/) Please visit this site frequently to get the most up-to-date information local and state resources.

Please share this information with others and contact us for additional information:  
[OhioAFHK@childrenshungeralliance.org](mailto:OhioAFHK@childrenshungeralliance.org)

Sincerely,

A handwritten signature in cursive script that reads "Shelly Roth".

Jaime L. Ackerman  
Extension Associate  
The Ohio State University Extension

Shelly Roth  
Chair, OAFHK

\* In 2004, Congress passed a law requiring each local educational agency participating in the USDA's School Nutrition Programs to establish a local wellness policy by July 2006. This requirement is intended to help combat childhood overweight and obesity; and to promote health enhancing behaviors in children. The requirements included in the law, the Child Nutrition Reauthorization Act, apply to all schools participating in the School Nutrition Programs (e.g. National School Lunch Program, School Breakfast Program, and Special Milk Program).

*-For the purpose of this site, "wellness" refers to nutrition education and physical activity.-*

American Cancer Society  
American Dairy Council  
American Heart Association  
American School Health Association  
Borden's Center for Nutrition and Wellness  
Buckeye Association of School Administrators  
Children's Hunger Alliance  
Governor's Council of Physical Activity and Sports  
Ohio Chapter of the American Academy of Pediatrics  
Ohio Association of Elementary School Administrators  
Ohio Association of Family and Consumer Sciences  
Ohio Association of Health, Physical Exercise, Recreation and Dance  
Ohio Association of Secondary School Administrators  
Ohio Association of School Nurses  
Ohio Dental Association  
Ohio Department of Education  
Ohio Department of Health  
Ohio Dietetic Association  
Ohio Educational Service Centers  
Ohio Osteopathic Foundation  
Ohio Parks and Recreation  
Ohio Parent Teacher Association  
Ohio Pediatric Nurse Practitioners  
Ohio School Board Association  
Ohio School Nutrition Association  
Ohio State University Extension  
Society for Public Health Education – Ohio Chapter  
State Planning Committee on Health Education in Ohio